

My CURRENT CV
RASHEED OLAWALE LAWAL
Health Care Assistant / Mental Health Support Worker
42 Celsius Grove, Old Town, Swindon, SN1 4GT
Mobile:07990866944
Email: reshtommy@gmail.com

PERSONAL SUMMARY

A knowledgeable Support Worker/ Health Care Assistant working within rehabilitation ward, learning disabilities and Older Adult people with Dementia. Experience of providing quality standard of care and making a difference in the lives of people living with mental health illness to live an independent life.

AREAS OF EXPERTISE

Management of aggression, enhancing therapeutic relationship, support patient in the administration of medication along with the qualified Nurses, support in daily activities such as cooking, shopping, holiday, education, act as key worker for patients to enhance their care pathway and recovery.

SKILLS

Excellent communication and listening skills, Confident personality, good team player, Prioritising activities, good time management, Problem solving skills and Ability to calm during emergency.

WORK EXPERIENCE

CURRENT EXPERIENCE:

October 2023 - Till date

Healthcare Assistant: Shilix healthcare Ltd, 29 Saltash Road, Swindon SN2 2EB UK

PREVIOUS EXPERIENCE:

January 2017 – September 2023

Support worker / Healthcare Assistant: Ibadan City Medical Centre, Oyo State (Nigeria).

Main duties:

- Checking and monitoring of the patient's physical observation.
- Always act in a manner as to promote and safeguard the interests and wellbeing of the patient.
- Always promote a responsible caring attitude, treating the patient with dignity and respect.
- Provide and maintain the highest possible standards of care.
- Supporting with feeding, personal hygiene, art and craft, shopping, attending doctor's and dentist appointment.

QUALIFICATIONS:

**West African Examination Council Certificate (8 GCSEs Grades A – C) Nigeria,
Certification and Training: (Nigeria Red Cross Society, Nigeria)**

- Mental capacity
- Health and safety
- Basic life Support
- First Aid
- Medication
- Safeguarding for Adult and Children
- Manual Handling
- Learning disability

REFERENCES:

Kenny Olajide (Manager) Shilix healthcare Ltd, United Kingdom

Email: kennyolajide@shilix-care.co.uk

Dr. Inaolaji Bolaji (Ibadan City Medical Centre, Nigeria)

Email: ibadancitymedicalcenter@gmail.com