

ROBERT IMOHIMI ILOFUAN

150 GORSEBROOK ROAD, WOLVERHAMPTON

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A dedicated and team-oriented individual with offerings for great support to individuals and social care teams, while providing a high quality and compassionate care to individuals.

KEY SKILLS

First-aid knowledge
Highly Flexible
Ability to multi-task and learn fast
Adaptive and good listener
Collaborative

- Pro-active, self-motivated and High Level of Integrity
- Possess effective communication.
- Team Player

EDUCATION

B.A Archaeology/Anthropology

University of Ibadan, Nigeria (2000 – 2005)

Senior Secondary Certificate

International School Ibadan, Nigeria (1992– 1998)

CERTIFICATIONS

Management of Actual or Potential Aggression (In View)
NVQ Level 2

Care Certificate

MOBILITY

I have a car and a valid international drivers license.

WORK EXPERIENCE

MIDAS CARE SOLUTIONS

AUGUST 2023 – TILL DATE

(Health Care Assistant)

Personal Care : Assisting with personal hygiene, washing and use of toilet, assistance with incontinence pads, commodes and catheter bags, colostomy bag for adults and children.

Domestic duties ;Cleaning and thrashing, emptying bins and washing where requested.

Administration of Medication; Ensure the correct medication and dosage is given to the right person at the right time, and that it's administered correctly. It's also important to keep a record of the administration, known as a Medication Administration Record (MAR]

Safeguarding; Protect the client from harm, abuse or neglect, ensure that the care provided is person-centered care

Give companionship and communication: Talking and listening to clients to understand their likes and dislikes while encouraging stimulating activities. Also notice when there is a change and report appropriately.

Record keeping: Charts for visual observation, positioning change, food and fluids intake, continental night checks etc (logbook recording each visit to communicate to the next carer),care plan updates.

Promote independence :to allow the client to do as much as for themselves and offer support where they need it.

Assist with mobility; Use of aides or support in standing or movement, assist in dressing or any physical activity the clients need any support.

Maintaining professional relationship; Working with empathy, honesty and integrity. No gratuities from client are acceptable.

Stringent following and updating of each client person-centered care plan to ensure care and support provided is appropriate.

VIOLET SPECIALIST HOSPITAL

OCTOBER 2022– AUGUST 2023

(Health Care Worker Childcare)

-**Personal Care:** Assist with personal hygiene, washing assistance with using the toilet

-**Domestic duties :** Cleaning, thrashing and emptying bins(placing dirt in right bags) and washing where requested

-**Support with eating and drinking;** Ensuring the clients are encouraged to eat a healthy, balanced diet and correct quantities.

-**Record keeping ;**Charts for visuals observation ,positioning change, fluids and food intake, continental night checks etc. (logbook recording each visit to communicate to the next carer),care plan updates.

-**Stringent following and updating** of each client person-centred care plan to ensure the care and support provided is appropriate. This contains everything the customer needs and will also outline their individual preferences, likes, dislikes and requirements.

LADY FLORENCE SPECIALIST HOME NIGERIA

NOVEMBER 2021 - SEPTEMBER 2022

(Health Support Worker

PART TIME)

- Personal care which includes personal hygiene, washing, general cleaning and assistance in thrashing dirt.
- Record keeping of each care plan updates and recording each updates to communicate to the next career.
- Giving companionship and communicating with service users. Listening to understand their likes and dislikes and encouraging stimulating activities.
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HOBBIES INCLUDE

- Watching movies
- Podcasting
- Reading

REFEREES:

BRIGHT SIBANDA

Manager

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