
REJOICE NYARADZO CHIGOGO

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Nationality: Zimbabwean

PROFESSIONAL SUMMARY

Empathetic Care Assistant providing trusting, stimulating and varied lifestyle for residents. Offering sensitivity and energy required to maintain excellent care. Experienced in hospital and in-home settings, providing guidance and encouragement through physical and emotional support.

SKILLS

- Personal care
- Patient risk management
- Patient handling and positioning
- Medication administration
- Slides and hoist operation
- Safeguarding knowledge
- Confidential record management
- Risk assessment
- Critical thinking
- Time management
- Empathy
- Team player

WORK HISTORY

Healthcare Assistant, 05/2023 – Current

Voice 2 Care – United Kingdom

- Providing intimate care, enabling residents to maintain personal cleanliness and hygiene
- Optimising resident comfort by maintaining a homely, stable and caring environment
- Guarantee physical and emotional wellbeing of residents, incorporating therapy and social-based activities
- Avoiding potential harm by administering medication with 100% accuracy
- Creating positive relationships with residents, achieving 80% satisfaction score in care surveys
- Promoting social inclusion by supporting individual interests, hobbies and social activities
- Working with residents to develop life skills, including how to prepare meals and keep areas clean
- Empowering service users to remain as independent as possible and retain sense of identity
- Providing compassionate personal care for elderly patients, offering support with washing, dressing and toileting
- Enhancing quality of life of service users with dementia by planning and delivering meaningful, appropriate activities
- Prioritising person-centred care to maximise independence for clients with dementia and limited mobility

Personal Carer, 12/2022 – 04/2023

Private Residence

- Promoted client independence by providing comprehensive mobility assistance.
- Delivered toileting support for client with mobility issues.
- Practised speech therapy exercises, helping stroke survivor to successfully regain language skills.
- Completed shopping whilst responsibly managing budget.
- Laundered and repaired client clothing and linen.

Child Caregiver, 04/2022 – 11/2022

Midlands Children's Home – Zimbabwe

- Monitored interactions within group settings, encouraging sharing and cooperation to facilitate positive socialisation.

- Reported to manager regarding issues and concerns of parents and children respecting confidentiality and privacy regulations.
- Created fostering environment to address diversity, disabilities and medical needs of children.

Caregiver, 09/2021 – 03/2022

Athlone Old People's Home – Zimbabwe

- Conducting 1-to-1 and group support sessions, helping residents to achieve care plan objectives
- Applying safe transportation techniques to transfer residents between rooms ensuring 0% incidents
- Documenting and reporting residents care data into electronic charts with 100% accuracy
- Controlling and administering medication, establishing regular reminders to ensure 100% on-time intake
- Delivering highest standards of support to people with learning disabilities, in line with individual support plans, cultural needs and wishes
- Carried out safe, secure manual handling, promoting independence whilst assisting residents with mobility.

Nurse Aide, 05/2021 – 08/2021

Gweru General Hospital – Zimbabwe

- Supported bed-ridden patients through regular repositioning and chair-based exercise, helping to prevent sores, joint degeneration and blood clotting
- Provided incontinence care and bed baths, maintaining 100% patient dignity at all times
- Built caring, supportive relationships with residents, enhancing daily life through personalised care
- Responded to patient call lights and supported continuum of care with appropriate interventions
- Performed daily clinical observations, recording medical data accurately and securely.

Buying and Selling, 01/2005 – 04/2021

Self Employed – Zimbabwe

EDUCATION

Home Health Care Certificate, 2021

Platinum Caregivers - Zimbabwe

GCSEs, 2004

High School - Zimbabwe

LANGUAGES

English

Advanced

Shona

Native

ADDITIONAL INFORMATION

- Right to work
- Clean DBS
- Zimbabwe driver's licence
- References upon request