

BENEDICTA USIME ROBINSON-OBARO

Tel: +447776725471 | Email: rolybenny@gmail.com

PROFESSIONAL SUMMARY

Compassionate and highly skilled healthcare professional with extensive experience in providing exceptional personal care and support. Proficient in administering medication, handling complex care needs, and maintaining meticulous records. Adept at developing strong relationships with patients, families, and healthcare teams. Possesses strong interpersonal, communication, and organizational skills.

CARE TRAINING QUALIFICATION

NVQ Level 3 Diploma in Care | 2024- in View

PROFESSIONAL EXPERIENCE

Complex and Palliative Care | Jan 2023 - Present

BE CARING Limited, Newcastle, United Kingdom

Responsibilities

- Deliver comprehensive personal care and support to clients with complex needs.
- Administer safe medications, including level 3 medication & safe management.
- Perform PEG feeding and manage catheter & continence care.
- Execute moving and handling techniques safely.
- Provide pressure relief and repositioning for immobile patients.
- Accurately document patient interactions, care provided, and medical observations.

Support & Health Care Assistant | Jan 2020 – October 2022

PLORAX INTERNATIONAL, Lagos, Nigeria

Responsibilities

- Provided holistic care assistance and support to clients.
- Administered medications and maintained accurate records.
- Delivered personal care services, ensuring patient comfort and hygiene.
- Coordinated with families and healthcare professionals to ensure seamless care.

- Scheduled and accompanied patients to medical appointments.
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EDUCATION

- Delta State University, Abraka, Nigeria | 2004 – 2006

BSc in Economics

- The Polytechnic Ibadan, Ibadan, Oyo State, Nigeria | 2000 - 2002

National Diploma in Banking & Finance

TRAINING & CERTIFICATIONS

- Safeguarding Children Training - Be Caring Limited, UK
 - Mental Health Awareness Training - Be Caring Limited, UK
 - Dementia Awareness Training - Be Caring Limited, UK
 - Person-Centered Care Training - Be Caring Limited, UK
 - Handling Information in Care Settings- Be Caring Limited, UK
 - Duty of Care Training - Be Caring Limited, UK
 - Dignity & Privacy Training - Be Caring Limited, UK
 - End of Life Care Training - Be Caring Limited, UK
 - First Aid Training** - Florence Academy
 - Life Support Training - Florence Academy
 - Mental Health Training - Florence Academy
 - Health and Safety Training - Florence Academy
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SKILLS

Healthcare Skills

- Compassionate and empathetic care
- Personal care assistance
- Medication administration
- Knowledge of health and safety protocols
- First aid and life support.

Interpersonal & Communication Skills

- Strong interpersonal communication
 - Active listening
 - Excellent leadership skills
 - Organised and Team Player.
 - Empathy and patient engagement
 - Calm under pressure.
 - Cultural and emotional intelligence
 - Effective teamwork
 - Clear and concise documentation.
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REFERENCES

Available on request.