Support Worker

nyakwengarumbi@gmail.com

07717885313

Flat 5 Bridgewater House, Nelson Street, Buckingham, MK181GR

I am an honest, humble, optimistic and a caring person. I have a very calm personality which makes it easy for me to work with different people in various aspects of life. I have had an experience of being a teacher and counsellor when I worked in Zimbabwe. My desire is to provide care and assistance to those who need my support. I have over 6 months experience as a domiciliary carer.

Work Experience

Support Worker

SAG Living Hope Limited (09/05/23-present)

EXPERIENCE

- Companionship and offering support.
- Support clients with daily activities; meal preparation, medicine administration, personal care, moving and handling
- Mar Charts documentation and reporting of activities
- Assistance with grocery shopping and picking up of medicines from the chemists
- Dementia care giving and support
- End of life care and support to clients
- Working with clients who need assistance with catheter care
- Safeguarding elderly care

Parirenyatwa Satellite Clinic

- Checking vital signs for clients; temperature, pulse and blood pressure
- Personal hygiene
- Assistance of clients by toileting them
- Medicine administration, making home remedies for clients e.g Salt and Sugar Solution

EDUCATION

- Diploma in Education
- GCE Ordinary Level

SKILLS

- Good communication skills
- Fast learner and team player
- Honest, caring and dignified
- Knowledge of manual handling tools; hoists, stair lifts, electric/manual wheelchairs
- Can maintain good relations with people
- Care Certificate

CERTIFICATES

- Care Certificate
- Moving and handling
- Health and Social Care Management
- Dementia Level 1
- Catheter training
- Safe Handling of Medicines
- Basic Life Support
- Allergens Bitesize Learning
- Manual handling

OTHER INFORMATION

- Clean DBS
- Right to work in UK
- UK Driving license

REFERENCES

1. Mrs Abigail Gonye

Registered Manager – SAG Living Hope Ltd

29 Chipping Vale, Emerson Valley

Milton Keynes, MK42JW

admin@saglivinghope.com

07413913243

2. A. Chibvongodze

Sister In Charge

Parirenyatwa Satellite Clinic, Harare

+263 776 981 494