

# Sibangani Michael Ngwenya

Number 11 Oak Road, Dudley DY1 4BQ  
+447789841299 | sibamike2@gmail.com

## Personal Profile

---

With 5 years of experience in healthcare management, I am a highly motivated and confident Care Assistant with experience in working with the elderly within a domiciliary, residential care setting, young adults and young persons with complex needs. Experience and knowledge in supporting with all the activities of daily living. Ability to apply the person-centered and strength-based approach and to foster independence. Ability to ensure the health, safety, welfare and independence of clients. Diligent, flexible, reliable team player with a positive attitude. Excellent verbal and written communication skills. Experience and knowledge in manual handling, assessing risk and management of pressure areas. Up to date knowledge and understanding of safeguarding adults. Proven history of positive client feedback.

## Experience

---

- **Cambian Group** February 2024 - To date  
Residential Care / Support Worker
  - Promoting independence to young people with complex needs.
  - Supporting young persons to do day to day activities like schooling, engaging in activities they like to do.
  - Ensure they eat healthy and help them prepare healthy meals.
  - Ensure that their personal hygiene is promoted.
  - Help with shopping.
  - Ensure they attend doctor's appointments on time.
  - Ensure they are safe always from any harm or danger.
  - Organise and coordinate social events and visits, ensuring visitor information is correctly recorded and providing emotional support to both residents and visitors when needed.
  - Acting in the best interest of patients while ensuring compliance with company policies and guidelines.
  - ensure promotion and safeguarding of the welfare and development of young adults is provided always.
  - Helping or supervising client washing, dressing, grooming, and toileting
  - Help in preparing client meals and snacks and feeding or supervising eating and drinking
  - Ensuring that administration of medications and recording is adequately done.
  - Cleaning, washing clothes and linens, shopping and other domestic duties as required by the young person is done.
  - Transporting the client to medical appointments and helping them run their errands efficiently.
  - Make sure that social visits or outings are carried out as planned.
  - Monitoring client health conditions.
- **Six Care solutions Ltd** 12/2023 - To date  
Support/ Care Worker
  - Provide care to elderly residents with various conditions, including feeding, mobility using Zimmer frame, help toileting using commode, and all personal care.
  - Provide emotional support and companionship to service users and family members.
  - Help with household chores such as budgeting, planning menus, weekly planning and accompanying to GP.
  - Ordering medication and administration.

- ensure promotion and safeguarding of the welfare and development of young adults is provided always.
- Facilitate service user with daily hygiene, including showering, oral and and incontinence Care, minimizing rashes, sores, and soiling thus gaining zero incidents of bedsores or unwanted reactions for a patient with 90 years in hospice care.
- Use of Morden technology packages in compilation of statistical information information using relevant IT packages.
- Input information into the computerised databases.
- Ensure that accurate records are maintained, and receipts are issued in relations to general financial transactions and communities.
- Responsible for ordering stationary and other items for the local home, whilst adhering to the budget.
- Assist in maintaining accurate petty cash systems, receipts and banking of resident's fees.
- Help nurses with monitoring resident's data by checking vitals and food and drink intake.
- Arrange games and activities and accompany residents during meals and leisure time.
- Organise and coordinate social events and visits, ensuring visitor information is correctly recorded and providing emotional support to both residents and visitors when needed.
- Acting in the best interest of patients while ensuring compliance with company policies and guidelines.
- ensure that young adults are supported in stressful situations and are free from discrimination and to challenge discrimination when called to.
- took a leading responsibility and had a clear understanding of health and safety and security measures in and outside the home.
- actively developed and maintains good working relationships with parents and staff and professional staff from outside involved in the welfare of young persons.
- ensure that specific needs of young adults is provided always including religious observance, cultural needs and medical conditions and treatment are met.
- ensured that young adults are supported in their learning to take responsibilities enabling them to have their wishes and feelings heard.
- Support young people to complete activities to promote their independence and ensure any concerns are recorded and reported, and safeguard from harm.
- Working towards positive outcomes regarding emotional needs, employment, education, training, mental health of young persons.
- Assist residents explore new interests, engage in physical activities, and make sure they enjoy themselves in a stimulating and homely environment.
- Provide a safe and nurturing environment, present clients in a positive and respectable manner and promoted independence.
- Assess and provide care for service users with stone bags and urostomy bags by emptying and cleaning them.
- Support clients well-being through physical and emotional care and also assisted with medication providing personal care and encouraging them to achieve or maintain self independence.
- Work closely with Nurses to ensure clinical care is provided including medication administration.
- Competent in using equipment and techniques such as hoists, safe moving and handling skills like toileting, feeding and wheelchair/bed driving skills).
- Provide and actively promote excellent customer service for both internal and external service users and stakeholders.
- In accordance with the company's clearly defined financial procedure to assist in the administration of residents fee invoicing system and to ensure that all records relating to the system are up-to-date.

- **Rugare Nursing Home**  
Health Care Assistant

3/1/2020 - 31/10/2023

- Provided personal care needs and services as per consumer's individual care needs and

care plans.

- Provide administrative support within the Care Home Manager to ensure the smooth running of the administration within the service.
- Provided Catherter Care following all set guidelines, and Hospice care to elderly clients with kidney failure .
- Provided person-centred care to residents in accordance with the Aged Care quality standards and delivered care that aligns with consumers' dignity, choice, and independence.
- Provided support to patients with disabilities ensuring that they live independently.
- Assisted patients with their mobility and communication needs.
- Assisted in development and implementation of therapeutic programs for youths to help them deal with various challenges such as mental and depression.
- Followed therapy plans such as interventions to assist those with dementia and behavioural problems and observed and reported changes in patients' conditions to supervisors.
- Assisted with rehabilitation exercises, basic treatment and deliver medications.
- Assisted nursing staff and Medical specialist with routine technical support functions including setting up for procedures, cleaning equipment and completing basic documentation.
- Maintained accurate and detailed patient records.
- Built effective relationships with patients through clear communication and empathy and applied simple wound dressings.
- Assisted with personal care and hygiene such as showering, dressing, shaving, doing hair and make-up.
- Assisted elderly individuals with mobility by using hoisting and stand aid equipment for transferring.
- Supported therapy regimes and offered necessary assistance.
- Designed purposeful routines both at home and in the community, accompanied clients to social activities and leisure time.
- Demonstrated excellent skills in working with children and young people with disabilities and built trustworthy relationships with clients and their families.
- Provided personal care support, administered medication and supported in bowel and continence care.
- Assisted with household tasks and supported clients to develop new hobbies and interests.
- Transported and accompanied clients to appointments and do grocery shopping and prepared meals.
- Worked with doctors and therapists to ensure appropriate support.
- Facilitated community inclusion and participation, dependent on individual needs, abilities and preferences, and supported participants to establish and maintain independence.

- **Beam of Hope Clinic**

9/1/2019 - 31/12/2019

Care Worker

- Supported service users in the day to day living.
- Helped with toileting, washing, dressing, meal times and medication.
- Provided support to patients with disabilities ensuring that they live independently.
- Assisted patients with their mobility and communication needs
- Followed therapy plans such as interventions to assist those with dementia and behavioural problems and observed and reported changes in patients' conditions to supervisors.
- Assisted with rehabilitation exercises, basic treatment and deliver medications.
- Assisted nursing staff and Medical specialist with routine technical support functions including setting up for procedures, cleaning equipment and completing basic documentation.
- Maintained accurate and detailed patient records.
- Built effective relationships with patients through clear communication and empathy and applied simple wound dressings.
- Assisted with personal care and hygiene such as showering, dressing, shaving, doing hair

and make-up.

- Assisted elderly individuals with mobility by using hoisting and stand aid equipment for transferring.
- Provided personal care support, administered medication and supported in bowel and continence care.
- Assisted with household tasks and supported clients to develop new hobbies and interests.
- Transported and accompanied clients to appointments and do grocery shopping and prepared meals.
- Worked with doctors and therapists to ensure appropriate support.
- Facilitated community inclusion and participation, dependent on individual needs, abilities and preferences, and supported participants to establish and maintain independence.

• **Founders High school**

3/1/2014 - 31/12/2015

Senior Teacher

- Designed and taught learners for an average of 60+ learners with emotional and behavioral disorders mainly autistic learners
- Organised learning activities indoor and out doors.
- Taught Biology, Physics and Chemistry, coordinating schemes of work, classroom activity, evaluating pupil progress, preparing classmate schedule and carrying out remedial activities, contributed to 85% passrate
- Assessed student's abilities and evaluated science teaching plans in a timely manner.
- Adapted and updated 100+ learning materials to students' needs and increased students participation with engaging graphical materials
- Introduced a Microsoft Excell template to track and reflect on 20+ pupils' progress hence achieving 100% efficiency rate through identified poor performances.

• **Zimbabwe Republic Police: BULAWAYO Provincial Trainer.**

2000 - 2021

Inspector

- Heading the section in achieving set targets by the organisation.
- Compiling of dockets for the offenders and making sure they have been acted upon.
- Supervising the subordinates as they do their specific duties and ensuring that all reports from subordinates are submitted on time.
- Providing up-to-date information to subordinates as it comes from above.
- Identification of potential threats to the station and organisation.
- Conducting physical checks of the security for the station.
- Coming up with strategies to reduce crimes in our policing area.
- Deployment of human and material resources to areas they are needed the most.
- Attending to any complaints against police brought to the station and making sure that feedback is given timeously.
- Police driver.

## Skills

---

- Skilled in assessment and history taking. • Proficient in patient care, safety, and various care tasks. • Trained in waste disposal and basic life support techniques. • Experienced in scheduling, time management, and dementia or learning disability. • Proficient in counseling and public relations management. • Patient individual who demonstrates a calm and an understanding approach. • Empathetic person showing genuine care and compassion. • Excellent Communicator having strong verbal and written skills. • Pays attention to Detail and Meticulous in observation and documentation. • GreatTeam Player who collaborates with colleagues and contribute to a positive work environment. - Palliative and incontinence Care.

## Education

---

• **Alison**

2022

Diploma In Care giving

- **Hillside Teachers' College** 2016  
Diploma In Education
- **Institute of Counseling (Mandela Foundation)** 2006  
Certificate in Counselling and Therapy  
Pass
- **Access Skills** 2024  
Certificate in Safeguarding adults & children.  
Pass
- **Access Skills UK** 2024  
Certificate in Food safety & fluids and nutrition.  
Pass
- **Access Skills UK** 2024  
Certificate in Person centred Approaches and Care role  
Pass
- **Access Skills UK** 2024  
Certificate in Assisting and moving and Basic life support.  
Pass
- **Access Skills UK** 2024  
Certificate in Information handling and communication  
Pass
- **Access Skills UK** 2024  
Certificate in Infection control and Health and safety and fire safety.  
Pass
- **Digital Care Hub** 2/2024  
Data Protection and Security  
Pass 90%

## Interests

---

- Worship, Soccer and Family

## Activities

---

- • Socialising • Team building activities • Reading • Prayer and worship

## Reference

---

- **Sukoluhle Nyikadzino - Cambian Group**  
Deputy Manager  
sukoluhle.nyikadzino@cambianguroup.com  
+447411260807
- **Bongiwe Sidambe - Six Care solutions Ltd**  
Registered Manager  
b.sidambe@sixcaresolutions.co.uk  
+447796415522
- **Delight Mashanga - Rugare Nursing Home**  
Shift Manager  
mashanga@rugarenursinghome.com  
+263 775 615 641