

TARIRO MUKABETA

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PROFESSIONAL SUMMARY:

Empathetic Support Worker with considerable experience in providing both residential homes and supported living care facilities. Experienced in dealing with older and young adults with physical disabilities, complex behaviour and mental challenges. Proven record of creating effective care plans based on clients' specific needs. Committed to maintaining a positive and safe environment, while helping clients build strength and skills.

QUALIFICATIONS:

Mandatory Training | Manual Handling | Mental Capacity Act (MCA) Level 2 (VTQ)

CPD Online College

Care Certificate

Oct 2023

Key College Zimbabwe
Harare, Zimbabwe

Cert. in Caregiving

(Health & Social Care)

May 2021 – Nov 2021

SKILLS:

*Good Communication & Interpersonal Skills | Passionate & Empathetic
Attention to Detail | Punctual & Reliable | Work Independently & Within Teams
Knowledge of Mental Health Support | Proficiency in Safety Training & Techniques
Manual Handling | Learning Disabilities Experience | Medication Administration
Complex Behaviour Experience*

WORK EXPERIENCE:

Walnut Care Ltd

Home Care Worker

Skegness, Lincolnshire

Nov 2023 - Current

- Supporting clients with daily activities including personal care, cleaning, cooking & outdoor activities in their homes.

Heart to Heart Integrated Care

Care Assistant

Bedford, Bedfordshire

Apr 2023 – Oct 2023

- *Meeting needs of clients with learning difficulties and handling challenging behaviors.*

Orchid Supported Living Ltd
Birmingham, West Mid. Apr 2023 - Current

Support Worker (P.Time)

- *Supporting adults with different mental health problems in a residential house with activities of daily living such as meal preparation, house chores and, provide emotional and physical support.*

Chitungwiza General Hospital

Nurse Aide
Chitungwiza, Zimbabwe
Feb 2022 – Sep 2022

- *Built caring, supportive relationships with residents, enhancing daily life through personalized care.*
- *Cleaned, sterilized, and storage of clinical equipment.*
- *Fed patients & assisted with bed wash.*

EDUCATION:

University of Zimbabwe

BA of Science (Sociology)
Harare, Zimbabwe
Jun 2014 – Jun 2017

REFERENCES:

Available upon request.