

toyinowati17@gmail.com

# TOYIN TOPE OWATI

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#### SUMMARY

I am a compassionate and dedicated Registered Midwife/Nurse with over 26 years of extensive experience in maternal and child health. A passionate advocate for women's health, I have expertly guided countless families through the transformative journey of childbirth, providing not only clinical excellence but also emotional support and education. My diverse expertise spans high-risk pregnancies, prenatal and postnatal care, and neonatal support, ensuring that every mother and baby receives personalized, holistic care. With a proven track record in both hospital and community settings, I excel in fostering trusting relationships with patients and their families, empowering them with knowledge and confidence. My commitment to continuous learning and professional development keeps me at the forefront of best practices in midwifery, enabling me to deliver evidence-based care while respecting cultural values and individual preferences.

#### **PROFESSIONAL EXPERIENCE**

# Senior Nursing Officer

#### Nigeria Airforce Hospital

- Provided leadership and supervision to nursing and midwifery staff.
- Fostered a collaborative work environment that encourages professional development and teamwork.
- Assessed, planned, implemented, and evaluated individualized care for expectant mothers and newborns.
- Monitored maternal and fetal health during pregnancy, labor, and postpartum periods.
- Managed complications during childbirth and provided emergency care when necessary.
- Maintain accurate and up-to-date patient records in accordance with legal and ethical standards.

# **Senior Nursing Officer**

#### Nigeria Airforce Hospital

- Responded effectively to emergencies or crises that may arise during labor or delivery.
- Provided leadership during critical situations to ensure the safety of patients and staff.
- Oversaw the allocation of resources within the maternity unit, ensuring efficient use of supplies and equipment.
- Advocated for the health needs of women and newborns, ensuring they receive appropriate care and resources.
- Promoted awareness of maternal health issues within the community.
- Worked closely with obstetricians, pediatricians, social workers, and other healthcare professionals to coordinate comprehensive care

Senior Nursing officer Nigeria Airforce Hospital

## 107 AMG Benin, Edo state. Nigeria 26<sup>th</sup> July 2019- 08<sup>th</sup> May 2022

# 671 NAF Detachment, Ibadan. 9<sup>th</sup> May 2022-16<sup>th</sup> March 2023.

671 NAF Detachment, Ibadan.

17<sup>th</sup> March 2023-29<sup>th</sup> March 2024.

I rotated through various department of the hospital

- Responsible for triage of patients for initial assessment, observations, and documentations. maintaining confidentiality.
- Assessed individual patient condition, needs, and appropriately oversaw all referral for acute and chronically ill patients where necessary.
- Ri ]feedbacks as required.
- Provided direct nursing care to patients in the hospital and making use of evidence-based treatment options, also monitored and documented patients' progress during their stay in the hospital
- Interacted effectively with members of the team and patient from diverse cultural background

## Senior Nursing Officer Nigeria Airforce Hospital

## 671 NAF Detachment, Ibadan. 29<sup>th</sup> September2015 – 25<sup>th</sup> July 2019

- Rotated through various department of the hospital and gained experience in Accident and Emergency clinic, Outpatient clinic, In patient clinic, Family planning, Medical surgical wards and Mother and child services.
- Used holistic approach in assessment and planning of nursing care for patient and their families.
- Maintained a safe environment, dignity, and privacy of all patients in adherence to the nursing guidance and hospital policies.
- Monitored all patients care and treatment, maintained high standard and quality of time.
- Prepared patients for examinations and performed routine procedure- monitored blood pressure, iv procedures, administered drugs, proper charting, and documented patients' care.

# Senior Nursing Officer Nigeria Airforce

#### 99 ACTG Kainji, Niger state 2011 – 2015

- Delivered a complete range of nursing services and expertise, accurately obtained, and documented patient history and medication list.
- Having obtained training in burns management, I undertook medical evacuation during emergencies in collaboration with other professionals.
- Evaluated the condition of critically ill patients upon flight arrival and commenced treatment.
- Collaborated with physicians to administer professional care to the internally displaced persons.
- Assessed individual patient condition, needs, and appropriately oversaw all referral for acute and chronically ill patients.

# Nursing Officer / Midwife Nigeria Airforce Hospital

# 403 EMD Shasha Lagos, Nigeria 19<sup>th</sup> May 2005-28<sup>th</sup> April 2011

- Conducted initial assessment of outpatient before referring to relevant clinic using patient-centered approach.
- Assisted patient with chronic illness and maintained confidentiality always.
- Independently administered medication in wards without supervision, adhering to medication procedure.
- Rotated through the acute, outpatient, ENT, Maternal clinic, managing these clinics with little supervision from senior nursing officer.
- Effectively managed own caseload using time management skill, also adhered strictly to nursing care guideline.

#### **KEY SKILLS**

- Clinical skills.
- Assessment skills.
- Communication skills.
- Empathy and compassion.
- Critical thinking.
- Time management.
- Teamwork and collaboration.
- Patient education.
- Cultural competence.
- Technical skills.
- Crisis management.
- Interpersonal skills.
- Attention to details.
- Stress management.
- Ethical and professional conduct.
- Patient care skill.

#### **EDUCATION**

| Registered Midwife (RM)<br>School of Midwifery, Minna, Niger State.  | 1998 |
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| School of Mildwhery, Millina, Niger State.                           |      |
| Registered Nurse (RN)<br>School of Nursing, Gwagwalada, Abuja State. | 1996 |
|  |      |
| Community High School<br>Ikaram, Akoko Ondo State.                   | 1992 |
| Queen of Apostle<br>Oluyoro, Ibadan Oyo State.                       | 1988 |

#### **ADDITIONAL INFORMATION**

Languages: English and Yoruba

# RERERENCE

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