

Tandiwe Concilia Kanayi

Age 40

Address:

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Personal statement

Qualified nursing assistant and carer with a genuine desire in helping people. I have extensive experience in working with diverse groups of individuals, families and communities, currently seeking a new position as a nurse assistant, Support worker or Caregiver. I am a highly motivated and organised individual with excellent communication and problem solving skills with the use of effective theoretical and practical approaches in achieving goals.

Key Skills

- Personal Care and support
- Giving anti-discriminatory care that values the whole person rather than merely seeing a list of care needs.
- Carefully listening and observing how each customer prefers their care and support to be delivered on a day to day basis
- Helping them make their own decisions so they can be as independent as possible.
- Following the instructions in the care and support plan agreed with the agency. This may include:
- All aspects of personal care such as showering and bathing, dressing and grooming, dental hygiene, toileting and continence care
- Assisting with medicines, ordering and collecting prescriptions or returning unwanted medicines to the pharmacy for safe disposal
- Supporting the client to eat and drink well. For example, helping the customer to plan what to eat and drink, giving gentle encouragement, shopping, preparing and serving food and drinks, clearing the table, washing up and keeping the kitchen area clean and tidy, agreeing with the customer how to store food safely and when to dispose of out of date produce
- Safely using aids and personal equipment in a manner that respects the dignity of clients, example walking frames, wheelchairs, manual and electric hoists, sliding sheets and moving boards, hearing aids and other physical aids
- Housework such as dusting, tidying, washing floors, vacuuming and sweeping, doing the laundry and ironing, making beds and changing the linen
- Social and physical activities or mental stimulation such as keeping in touch with friends/relatives, taking a customer out shopping or to social activities, hobbies such as reading, photo albums, games, etc.
- Supporting a client through temporary and terminal illness, including end of life care, hospital appointments, liaising with community members.

Employment History

Current Employer:

The Cottage Care Home Coleraine

Position: Senior Care Assistant

Previous Employer

Lightbulb Bespoke care Bedford, Bedfordshire

Position: Care Assistant

Duties;

Personal care giving
Medication administration using Mar Charts and prescriptions
Mobility assistance- Hoisting and moving patients with machine aids.
Cleaning of wounds and dressing change
Bathing and grooming clients
Bed-making, light housekeeping duties
Supported living, day and night shifts
Bedsore Prevention
Preparing meals for clients and feeding the bed ridden
Companionship

(August 2022 – March 2023)

Achievements :

- Qualified Nursing assistant
- Psychotherapy and Councilor certification
- Diploma in caregiving
- Fire safety Marshal

Patient Experience Team Member: Diversified Integrated Sports Clinic

(October 2020– July 2022))

Achievements and responsibilities:

- Worked with physiotherapists and Chiropractors in the patient therapy ward (monitoring their progress reporting to the doctor)
- Collaborated with the Private Hospitals and Clinics to create awareness programs in education for Osteopathic and health
- Analysis and review of cases of patients in the rehabilitation centre.
- Conducted assessments through face to face and phone call interviews.
- Planned and managed recreational activities at the rehabilitation and physiotherapy ward to empower, develop and maintain relationships and trust with patients.
- Handled patients records at the Therapy department maintaining the principles of confidentiality.
- Received calls and handled patients records, billing and registration process.

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(August 2015– September 2020)

Hospital Patient care Assistant

Medcare Women and Children Hospital, Dubai

Established nutritious meal plans and prepared daily offerings to meet patient dietary needs with professional guidelines.

Helped patients by active Listening and being compassionate and understanding to their daily needs

Turned and positioned bedbound patients to prevent bedsores and maintain comfort levels.

Maintained clean, safe and well-organized patient environment. Provided safe mobility support to help patients move around personal and public spaces.

Conferred with supervisor to discuss patient condition and medical care.

Supported daily hygiene needs of patients by assisting with bathing, dressing, dental care and personal grooming.

Entrusted to handle confidential and sensitive situations in professional matter.

Attended in-house Training, First Aid and Heart Saver Course 100% pass

Achievements and responsibilities::

- Presenting a professional and friendly first impression of the firm to all visitors and clients

- Managing incoming phone calls and mail
- Book keeping and maintaining and organizing the clients filling system and Mar Charts .
- Running professional errands, Scheduling and calendar Keeping.

Education

CNA (Certified Nursing Assistant): Nursing Assistance

Strong Point Educational And Training Institute - Dubai

Continuing education in Certified Nursing Assistant Completed professional development in Care Giving

High School Diploma

Makumbi High School - Zimbabwe

Certifications

Diploma in Caregiving 2018

[Psychotherapist and Counsellor Course], [Lead Academy] - [May 2022) Fire Fighting and Prevention 11

(Fire Marshal)

Nasal and Oral swab Specimen Collection Course for Covid 19

IELTS UKVI First Aid Level 3

Hobbies & Interests

I paint and draw to express myself. I also read and take part in my own professional and personal development through attending workshops and conferences.

References

References are available upon request.