

Tinashe Michael Dehwe

Healthcare Assistant

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📍 Chitungwiza, Zimbabwe

Compassionate healthcare assistant with over a year of experience in home-based care and hospital settings. Skilled in patient care, emergency first aid, and risk management, with a commitment to maintaining patient dignity and confidentiality. Possesses excellent communication skills and a patient-centric approach to caregiving.

Experience

Healthcare Assistant at Faisib Homebased Care

Sept 2022-Mar 2023

- Aiding in daily living activities by dressing, grooming, bed bath, bed making and toileting.
- Transport patients via wheelchair to and from rehabilitation centre. Taking vital observations like temperature, pulse, respiration, blood pressure and weight.
- Assisting with infection control via disinfection of utensils and the general cleaning of premises.
- Daily contact with patients, and relatives.
- Dispensing and administration of medication as by the Doctor.

Healthcare Assistant at Maranatha Medical and Dental Care

Mar 2022-Aug 2022

- Prepared and maintained bedding, including cleaning the mattress and changing linens.
- Assisted with personal hygiene tasks like bathing and oral care.
- Supported feeding and monitored intake while ensuring cleanliness.
- Implemented safe lifting techniques and aided with mobility.
- Assisted with toileting needs, maintaining dignity and hygiene.
- Conducted vital sign assessments and accurately documented observations.

Healthcare Assistant at Jairos Jiri Children's Home

Aug 2021-Feb 2022

- Observed activities to identify positive and negative behaviors, implementing redirection when necessary.
- Fostered social interactions and emotional development through positive behavior management techniques.
- Implemented various educational strategies to optimize development.

Education

Victory Training Academy

Mar 2023

- The Care Certificate
- Mandatory Training - With Practical
- Role of a Care Worker

Skills

- Excellent interpersonal skills
- Caring and kind in nature
- Strong attention to detail
- Keen observation skills
- Patience and resilience
- Empathy
- High adaptability
- Medication administration

Compliance

- IELTS Certificate - British Council 2023
- Valid COVID 19 Vaccination certificate
- Valid Police Clearance
- Driver's License
- Valid TB Test Certificate
- Full English Language Proficiency

Referees

- Available Upon Request