



# Tochukwu Darlinton Onu

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**Date of birth:** 06/06/1986 | **Nationality:** Nigerian (Nigeria) | **Gender:** Male | **Phone number:**

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**Address:** Room 2 @ 4 Moss Bank, Chesterton, CB41UR, Cambridge, United Kingdom (Home)

## ● ABOUT ME

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Highly energetic and enthusiastic personality with great inter personal relationship. An empathetic and patient-focused care provider, trained and certified in providing personal care, and ensuring client comfort and dignity are upheld. Exceptional skills in communication and building relationships with clients and their families. Adept in maintaining detailed patient records and upholding highest standards of care. Committed to providing comprehensive care and enhancing the quality of life for clients.

### Person Specification:

**Eligibility to work in the UK:** Yes

**UK Care Experience:** Yes

**Driving License:** Yes

**Access to own car:** Yes

**Highest Level of Education:** Diploma of Higher Education

**Industry:** Healthcare

**Willing to relocate:** Yes

## ● WORK EXPERIENCE

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16/10/2023 – CURRENT Newmarket, United Kingdom

### HEALTH CARE SUPPORT WORKER THERA EAST

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- Making sure that the resident maintains a good routine.
- Overseeing Medication – Diligently follows the resident's care-plan making sure that medication is administered as required and on time.
- Household chores – help around the home, such as vacuuming or washing clothes.
- Preparing and cooking meals as required.
- Providing adequate companionship and emotional support.
- Promoting health and wellbeing by maintaining records and reporting any changes.

01/03/2023 – 31/10/2023 Newmarket, United Kingdom

### PRODUCTION ASSISTANT UNISURGE INTERNATIONAL LTD

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•Production of surgical equipment

•Assembling of surgical equipment

12/08/2022 – 31/12/2022 Newmarket, United Kingdom

### WAREHOUSE ASSISTANT CREM RECRUITMENT

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- Worked at Arken POP Company.
- Production of high grade pop products,
- Assembling of products in the production sector,
- Use of high performance machines in film work/ screen making,
- Screen printing,
- Digital printing,
- Cutting,
- Trim edging,
- Heat bending,
- Cold bending,
- Wood assembly,
- Packing.

10/01/2016 – 09/08/2022 Enugu State, Nigeria

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**EVENT MANAGER INGRACE MULTIPLE CONCEPT**

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- managed events such as festivals, conferences, ceremonies, cultural events, exhibitions, formal parties, concerts.
- Organized indoor and outdoor programs,
- Monitored logistics and deliveries,
- Responsible for reporting to general manager on trends and updates.

10/02/2015 – 10/01/2016 Enugu State, Nigeria

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**WAREHOUSE ASSISTANT INGRACE MULTIPLE CONCEPT**

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- Receiving and processing of incoming stock and materials,
- Picking and filling orders from stock,
- packing and shipping orders,
- Managing, organizing and retrieving stock in the warehouse.

01/09/2012 – 31/01/2014 Udenu Local Government, Nigeria

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**NURSING ASSISTANT HEALTH CENTRE EZIMO UNO**

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- Taking patients' vital signs such as temperature and blood pressure and reporting any changes to a supervisor,
- Supporting Registered Nurses with their duties by checking, sterilising and setting up equipment,
- Serving meals and helping feed patients,
- Assisting patients with performing basic tasks such as eating, dressing and going to the toilet when necessary,
- Performing household duties such as changing sheets and cleaning

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● **EDUCATION AND TRAINING**

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14/01/2024 – 15/01/2024 London, United Kingdom

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**SUPPORTING PEOPLE WITH MENTAL HEALTH NEEDS** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

15/01/2024 – 15/01/2024 London, United Kingdom

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**HEALTH AND SAFETY** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

14/01/2024 – 15/01/2024 London, United Kingdom

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**INFECTION CONTROL** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

13/01/2024 – 15/01/2024 London, United Kingdom

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**DYSPHAGIA** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

13/01/2024 – 15/01/2024 London, United Kingdom

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**FIRST AID** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

14/01/2024 – 15/01/2024 London, United Kingdom

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**MENTAL CAPACITY ACT & DOL'S** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

14/01/2024 – 15/01/2024 London, United Kingdom

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**DUTY OF CARE** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

05/01/2024 – 06/01/2024 London, United Kingdom  
**LONE WORKING CERTIFICATION** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

01/01/2024 – 03/01/2024 London, United Kingdom  
**MEDICATION KNOWLEDGE CERTIFICATION** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

10/12/2023 – 14/12/2023 London, United Kingdom  
**SUPPORTING PEOPLE WITH DEMENTIA CERTIFICATION** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

12/12/2023 – 14/12/2023 London, United Kingdom  
**EQUALITY AND DIVERSITY CERTIFICATION** Careskills Academy

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Website <https://careskillsacademy.co.uk/>

10/09/2010 – 31/12/2012 Enugu State, Nigeria  
**HIGHER NATIONAL DIPLOMA IN PUBLIC ADMINISTRATION** Institute of Management and Technology (IMT)

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Website <https://imt.edu.ng/>

10/09/2007 – 31/12/2009 Enugu State, Nigeria  
**NATIONAL DIPLOMA IN PUBLIC ADMINISTRATION** Institute of Management and Technology (IMT)

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Website <https://imt.edu.ng/>

20/09/2001 – 06/2007 Udenu Local Government, Nigeria  
**GENERAL CERTIFICATE OF SECONDARY EDUCATION (GCSE) IN ARTS** Community Secondary School Ezimo

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## ● LANGUAGE SKILLS

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Mother tongue(s): **IGBO LANGUAGE**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	C1	B1	B2	C1	B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## ● DIGITAL SKILLS

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Competent Social media user | Good knowledge of work apps

## ● HOBBIES AND INTERESTS

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### Traveling

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I enjoy traveling to different places as it gives me the opportunity to socialize and interact with people which enhances my inter-personal relationships as well as making remarkable discoveries about nature and places.

### Reading

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I love reading as it enhances my knowledge about everything

## ● VOLUNTEERING

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01/02/2014 – 31/01/2015 National Youth Service Corps - Abia State Nigeria

### **Teaching Assistant**

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Thought subjects such as Commerce,  
Social studies,  
Business studies,  
Government to secondary school students as well as organizing exams.

10/04/2020 – 11/2020 Welfare for the Vulnerable groups - Enugu State Nigeria

### **Volunteer Health Care Assistant**

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- Covid-19 volunteer health care assistant, to older adults living in rural communities.
- Assisted the older adults living within communities with bathing, grooming and getting dressed.
- Handling household tasks like grocery shopping and laundry,
- Distributed food stuff to older adults who were high risk.
- Providing mental and emotional support
- Making recommendations to family members and healthcare personnel on the plan of care,
- Organized suitable recreational activities for the older adults to prevent loneliness due to the isolation,
- Collaborated with other health care and social care professionals to provide the best possible care.