

VIDA BANAMBO

Stockport

banambovidaxg6oq_spr@indeedemail.com

07917797478

Dedicated and results-oriented healthcare professional passionate about providing positive patient interactions. I excel in communication and collaboration, fostering trust with diverse individuals. My optimistic and adaptable nature allows me to seamlessly navigate new situations and thrive in a fast-paced environment. A commitment to continuous learning fuels my ongoing pursuit of professional development through training and courses. My goal is to continuously enhance my skills and contribute to improved patient outcomes.

ADDRESS

Work Experience

PRIVATE CARER (LIVE IN CARE ASSISTANT)

UNITED KINGDOM

October 2023 to Present

Key responsibilities:

- Provided compassionate assistance to clients with mobilization needs, safely supporting them getting in and out of bed.
- Maintained client hygiene and dignity by discreetly assisting with toileting needs, continence management, and catheter care.
- Ensured medication adherence by accurately administering medications according to prescribed dosages and schedules.
- Prepared nutritious meals tailored to clients' preferences and dietary restrictions, and offered support and companionship during mealtimes.
- Maintained a clean and comfortable living environment by assisting with household duties and laundry tasks.
- Demonstrated proficiency in utilizing an electronic scheduling system via mobile phone app for accurate timekeeping.
- Effectively managed client resistance to change or new routines with patience, empathy, and positive reinforcement.

(HEALTHCARE ASSISTANT)

TOPMARY CARE LTD-UNITED KINGDOM

October 2023 to Present

Key responsibilities:

- Scheduled and accompanied clients to appointments, ensuring timely access to essential care.
- Provided compassionate assistance with daily tasks like bathing, dressing, and personal hygiene, fostering independence and dignity.
- Offered physical support to residents with mobility or dressing needs, promoting safety and comfort.
- Monitored and reported on client progress and any concerns, ensuring effective communication with the care team.
- Support with social activities, and helping clients maintain a normal everyday life

(HEALTHCARE ASSISTANT)

KOMFO ANOKYE TEACHING HOSPITAL-Kumasi
August 2020 to September 2023

Key responsibilities:

- Assisted residents with personal hygiene needs, ensuring comfort and dignity.
- Maintained detailed and accurate records to monitor progress and adapt care plans effectively.

CERTIFICATION/ TRAINING

(

(HEALTHCARE ASSISTANT)

GODCOM CARE HOME-GHANA
September 2012 to July 2020

Key responsibilities:

- Empowered resident independence through individualized care plans tailored to each resident's needs.
- Supported residents in daily living activities, including personal hygiene, housekeeping tasks, and shopping errands, fostering a sense of normalcy and control.
- Offered compassionate emotional support to residents, fostering a positive and secure environment.
- Facilitated communication with families: Scheduled and led meetings with family members, providing regular updates on resident wellbeing and progress.
- Assisted residents with activities like meal preparation, feeding, and maintaining a clean and safe living environment, while closely monitoring their health and well-being, and promptly reporting any concerns.
- Collaborated with nurses by diligently following their instructions to optimize patient care.
- Responded actively and efficiently to patient inquiries and requests, fostering trust and positive interactions.
- Ensured accurate documentation of resident care, adhering to strict guidelines and maintaining patient confidentiality.
- Offered physical assistance with tasks like getting in and out of bed, dressing, personal care, and toileting, promoting independence and well-being.
- Accompanied residents on outings and engaging activities, fostering connection and

adding enjoyment to their daily lives.

Education

BSc. in Administration

UNIVERSITY OF EDUCATION WINNEBA

September 2009 to July 2012

Certificate

SUNYANI TECHNICAL UNIVERSITY

September 2005 to June 2008

Skills

- First aider
- Microsoft Office
- Adaptive Team Player
- Moving and handling
- Good Communicator
- Hoist operation
- Excellent risk assessor
- Strong interpersonal skills
- Positive Work Attitude
- Elderly care expertise
- Patient transfer support

Certifications and Licenses

(((