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## **OBJECTIVES**

I am a woman aged 36 years, looking for employment in the health care industry as a nurse aid.

## **PROFESSIONAL OBJECTIVES**

1. To provide compassionate and high-quality care to individuals in need, utilizing my expertise in healthcare and my passion for helping others.
2. To enhance the lives of elderly patients by providing exceptional care and support, and creating a safe and comfortable environment that promotes independence and dignity.
3. To establish myself as a reliable and trustworthy care worker, delivering exceptional care to patients while adhering to ethical standards and maintaining confidentiality.
4. To continually develop my skills and knowledge in healthcare, while maintaining a positive attitude and a patient-focused approach to care.

## **KEY SKILLS**

1. Compassion and empathy: Ability to understand and empathize with patients' needs and provide care with compassion and sensitivity.
2. Interpersonal communication: Excellent communication skills, both verbal and written, with the ability to effectively communicate with patients, families, and healthcare professionals.
3. Active listening: Ability to actively listen to patients and their concerns, and respond with appropriate care and support.
4. Problem-solving: Strong problem-solving skills, with the ability to think critically and find effective solutions to complex care-related issues.
5. Teamwork: Ability to work effectively in a team, collaborating with other care workers and healthcare professionals to provide comprehensive care to patients.
6. Adaptability: Ability to adapt to changing situations and work effectively in high-pressure environments.

## **CAREER HISTORY**

- Worked at King Edwards Hospital, as a nurse aide, taking care of patients during the 2020 pandemic.
- Helped to clean bed sheets, prepare meals, as well as keeping records in the administration department of the hospital.
- Assisted healthcare professionals with personal care of elder patients, including home visits.

## **EDUCATIONAL QUALIFICATIONS**

- Certificate in Caregiving skills: Durban City College (2020)
- Certificate in Paramedics (Subjects Covered: Paramedical Services, Respiratory System, Basic Life Support, Emergency Care): TRC (2020)
- Ordinary Level: Ngezi High School, Zimbabwe (2004)