

Vumisisa Macbeth Dube

Doncaster, South Yorkshire

vumisiamacbethdubeo2yu2_of9@indeedemail.com

+44 7541 450651

To whom it may concern

RE: Application for Health Care Assistant Vacancy

I am a highly motivated, progressive, focused 40 year old male health care assistant who is hardworking, patient who adapts with little effort to any professional environment and I hold certificates in Nurse Aide, Advanced first Aid and Community Health Based Health Care, Care Certificate, CPi with a blue card, NHS integrated Personalised care, RQF level 2 Principles of Medication administration and Handling just to mention a few and I have a full clean UK driving licence and access to a full title vehicle.

I resonate with the company's mission as I am passionate in delivering quality person centred health care for the vulnerable. I have clinical knowledge in community based health care that I gained over the past 4 years under the supervision of professional health care practitioners and currently work as support / care worker with over 1 year experience within the UK in supported living, domiciliary care and care home settings for people with dementia and mental health issues.

I'm confident that I am a great match for the vacant position as a health care worker, and can use my skills, experience and attributes to help your organization reach its goals. I welcome the opportunity to speak with you in more detail about this position and how I could use my skills to benefit your organisation. Please find attached required documents as per vacancy advert.

Thank you for considering my application. I look forward to hearing from you.

Yours sincerely,

Vumisisa M Dube

07541450651

Willing to relocate: Anywhere

Personal Details

Driver's License: Cars, Light Vehicles, Medium vehicles

Eligible to work in the UK: Yes

Highest Level of Education: A-Level or equivalent

Industry: Customer Service, Healthcare, Marketing, Medical Information, Personal Care & Home Health, Retail, Sales

Total years of experience: 4

Work Experience

Health Care Assistant

Care at home Midlands-Leicester

March 2024 to Present

- Assist clients with personal care tasks, such as washing, dressing, eating and toileting.
- Perform light housekeeping tasks, such as dusting, vacuuming and changing bed clothes.
- Assist in the safe lifting, transferring, repositioning and movement of clients.
- Accompany clients to medical appointments.
- Observe, monitor and record clients' physical and emotional well-being, and promptly report any changes to senior staff.
- Encourage clients to participate in social and recreational activities.

Support Worker/Carer

Arona Support Ltd-Leicester

May 2023 to Present

- Helped individuals with day-to-day activities while consistently encouraging independence and self-belief.
- Communicated complex medical information to patients, carers and relatives.
- Delivered high-quality care to clients with disabilities, achieving care plan objectives.
- Observed and documented accurate recordings of patient observations including temperature, pulse blood pressure, oxygen saturation
- and respiratory rate.
- Prepared healthy meals with additional mealtime planning, feeding and support.
- Organised activities and exercises to promote physical and mental well-being.
- Worked professionally with caregiving teams and hospital departments to maintain continuity of care.
- Maintained strict confidentiality of information regarding patients.
- Charted daily observations, mobility activity and eating percentages to aid continued client assessment.
- Maintained confidentiality and compliance standards for optimised patient care.
- Submitted reports to manager regarding status of client.
- Supported patients through personal care tasks such as toileting, showering and feeding, maintaining sensitivity to needs and ensuring
- comfort, dignity and safety throughout.
- Maintained up-to-date knowledge on latest care practices by attending regular meetings and training opportunities.
- Assisted in all aspects of personal care, retaining comfort and dignity.
- Accompanied client to medical or dental appointments, grocery and errands

Complex Care Support Worker (Part Time)

Fosse Healthcare-Derby

January 2024 to March 2024

- Administered medication and treatment for patients.
- Helped clients make informed decisions and follow individual treatment plans.

- Worked with practitioners and allied health professionals to provide practical support and follow-up to clients.
- Assisted clients to achieve personal and treatment-related goals.
- Observed and evaluated patients to detect changes in behaviour or abnormalities.
- Empowered individuals to pursue hobbies and leisure activities such as shopping and creative activities.
- Worked in close partnership with families, friends and carers to improve care plan effectiveness.
- Aided service users in everyday activities, such as washing and dressing, ensuring constant safety and effective care.
- Safely escorted patients during medical appointments and hospital visits.
- Completed care documentation and monitored patient progress to achieve up-to-date records.
- Submitted reports to manager regarding status of client.
- Prepared healthy meals and delivered feeding support

Nurse Assistant

Margran House 24hr Clinic-Bulawayo

January 2022 to May 2023

- Preserved patient dignity while supporting them with personal care, including bathing, dressing, and toileting.
- Administered medication accurately, safely and within required timeframes, in line with clinic regulations.
- Documented and reported patient care data into electronic charts with accuracy.
- Maintained a safe and clean working environment for patients and employees, adhering to infection-control protocols, hazardous waste and other policies.
- Conducted safe transportation techniques to transfer patients between wards ensuring zero incidents.
- Worked collaboratively with other health care professionals to deliver patient centred care.
- Established routine repositioning for bedbound patients to reduce the risk of skin pressure damage
- Researched and studied information from other health care professionals to provide patient centred care.
- Attend relevant training to acquire phlebotomist qualification.
- Recorded and interpreted ECG the request of physicians and nurses.
- Completed blood transfusions training which involved safe collection of blood products from the labs to the wards
- Worked with other health care professionals to ensure safe discharge planning.
- Conducted cannulation and venepuncture and safe disposal of sharps.

Volunteer Care Assistant

Masakhane Care Home-Bubi ,Zimbabwe

April 2019 to January 2023

- Helped supervise service users during outings and events to support health and safety of clients and staff.

- Helped coordinate appointments for counselling, physiotherapy and occupational health services.
- Supported service users with learning disabilities and autistic spectrum disorders with person-centred approach.
- Informed management of changes in service user situations or needs.
- Provided individualised support and guidance, fostering social development to enhance wellbeing.
- Safeguarded service user confidentiality, respect and privacy related to services and records management.
- Led recreational group sessions in arts and crafts, board games and creative writing.
- Supervised small groups of adults with additional mental health needs in assigned therapy groups.
- Attended regular training and supervision workshops for improved service user support.
- Kept detailed, accurate records for well-maintained care continuity between support staff.

Client Liaison Manager

Hatching Consultancy-Johannesburg South, Gauteng
January 2013 to February 2020

- Educated customers about company products, services and special offers.
- Reviewed client files to identify opportunities for cross selling.
- Maintained detailed knowledge of company offerings to recommend appropriate products to clients.
- Kept track of current and potential clients needs to recommend new applicable products and services.
- Conducted customer surveys and recommended ways of improving customer satisfaction.
- Delivered team objectives according to business development strategy.
- Nurtured positive customer relationships to increase satisfaction and loyalty.
- Updated customers on service issues and maintained satisfaction through continued communication.
- Assessed market and competitor activity to remain ahead of trends.
- Promoted new and updated services to increase customer retention.
- Monitored customer activity to recognise account growth possibilities.

Education

A Level in Geography, English Literature, Arts & Crafts

Northlea High School - Bulawayo
February 2001 to November 2002

GCSE in English, Geography, Mathematics, Intergrated Science, Ndebele, Commerce, Arts & Crafts

J Z Moyo High - West Nicholson, Zimbabwe
January 1999 to November 2000

Skills

- Communication skills (10+ years)

- Food preparation (10+ years)
- Leadership (8 years)
- Driving (10+ years)
- Organisational skills
- Administrative experience (10+ years)
- Personal Care (4 years)
- Childcare (10+ years)
- Caregiving (4 years)
- Home Health (5 years)
- Customer Service (10+ years)
- Call Center (2 years)

Languages

- English - Fluent

Certifications and Licenses

CPI

January 2024 to January 2025

Crisis Prevention

CPI Blue Card

Care Certificate

May 2023 to May 2024

Understand your role

1. Your personal development
2. Duty of care
3. Equality and diversity
4. Work in a person centred way
5. Communication
6. Privacy and dignity
7. Fluids and nutrition
8. Awareness of mental health, dementia and learning disability
9. Safeguarding adults
10. Safeguarding Children
11. Basic Life Support
12. Health and Safety
13. Handling information

14. Infection prevention and control

Nurse Aide (Red Cross Society)

May 2022 to Present

Intergrated Personalised Care

May 2024 to May 2027

Apply steroid cream above 1%.

Monitor condition of skin that is at risk of pressure ulcers including application of a simple dressing as a short-term measure/secure an existing dressing.

Application of Compression Stockings

Catheter care

Assisting Individuals with Nutritional Requirements

Use of NHS provided equipment.

Care of Stoma, Urostomy, Colostomy and Ileostomy

Administer eye and ear drops

Blood Sugar Finger Prick Test

RQF Level 2 Medication administration & Handling

June 2024 to Present

Medication types & processes

Principles of Medication administration

Principles of Medication Handling