**LINNEX MAVENGANISE**

Barnsley, South Yorkshire S73 8JF

+447471275127

linnexmavenganise@gmail.com

 SUMMARY

Dedicated and passionate Healthcare professional with good communication skills who is working towards attaining NVQ level 3 in Adult Health and Social Care. I am a team player who goes an extra mile for the team to create a high-quality working environment bringing out tangible results and cross-team collaboration. Proactive and excited to partner with like-minded individuals to achieve goals.

 EXPERIENCE

**GPS CARE SERVICES**

Barnsley, South Yorkshire

# Health Care Assistant 02/2023 to Present

* Supporting service users of different needs and conditions in Care homes and in their own homes.
* Managing and administering medication to service users and maintaining clear and accurate records
* Supporting service users with a wide range of activities that meet their health and wellbeing
* Building strong, trusting relationships with service users by providing continuous support and delivering the best possible care.
* Promoting and encouraging independence while assisting with daily routines.
* Maintaining and updating digital service user records and medical information.
* Providing quality personal care, such as dressing and bathing, while maintaining respect and dignity.
* Monitoring service user’s health, behavioural and physical changes, promptly reporting concerns to line manager.
* Interpreting and adhering to care plans, seeking clarification to maintain quality care.
* Providing comprehensive personal care and mobility assistance to support comfort and dignity.
* Keeping patients, carers and families updated on health conditions through regular communications.
* Helping service users to improve mental wellbeing by providing a helpful and happy service throughout care.
* Supporting with general housekeeping, shopping, food preparation and social calls

# ZIMBABWE REPUBLIC POLICE

Zvishavane, Zimbabwe

**Nurse Assistant** 01/2010 to 02/2023

* Promoting a safe working environment by implementing regulatory standards, policies and guidelines.
* Providing First aid guidance and assistance to other members of staff and their families
* Providing Counselling to staff and community members
* Monitoring patients’ wellbeing and performing basic health checks
* Providing oral, personal and continence care
* Catheter care and management
* Supporting with moving and handling
* Maintaining patient privacy, demonstrating sensitivity and confidentiality when dealing with service users' personal affairs.
* Administering and documenting prescribed medicines in line with company procedure and care standards.
* Repositioning of patients for patient comfort and to avoid bed sores.
* Observing symptoms to monitor unusual changes requiring medical attention. • Liaising with nurses and doctors to discuss plans of care for patients.

# GWERU GENERAL HOSPITAL

Gweru, Zimbabwe

**Nurse Aide** 02/2022 to 05/2022

* Maintaining patient privacy, demonstrating sensitivity and confidentiality when dealing with service users' personal affairs.
* Administering and documenting prescribed medicines in line with hospital procedure and care standards.
* Observing symptoms to monitor unusual changes requiring medical attention.
* Lifting and assisting patients to help with mobility problems.
* Measuring blood pressure, pulse rate and oxygen level as part of physical assessments.
* Responding promptly to emergency bells
* Cleaning and laundry

# MINISTRY OF EDUCATION

Gweru, Zimbabwe

 **Teacher** 01/2008 to 08/2009

• Teaching English Language and English literature

 **EDGARS STORES LIMITED**

Gweru, Zimbabwe

# CASHIER/MERCHANDISER 01/2005 TO 09/2007

 SKILLS

* Team coordination • Medicine administration
* Basic housekeeping • Medication supply management
* Marketing • Service User behavior management.
* Team leadership • Service User care and support.
* Service User care plans. • Mobility support
* Monitoring observations • Service user dressing and grooming.
* Documentation

 EDUCATION

**TUTOR CARE**

NVQ/RQF Adult Health and Social care Ongoing

# Care Skills Academy 2023 Care Certificate

Management of Actual or Potential Aggression Certificate (MAPA) 2023

 2022

# Red Cross Zimbabwe

Certificate in Community and Home-Based Care

Certificate in Advanced First Aid Certificate in Nurse Aide

**Loreto High School**

Advanced level (PASS) 2003-2004

# GCSE/Ordinary level 1998-2002

11 Subjects (PASS)

 ADDITIONAL INFORMATION

* Full UK Driving license
* Enhanced DBS
* Covid 19 Vaccinated

 REFERENCES

* Provided upon request.