

PROFESSIONAL PROFILE

A health care practitioner with over 2 years of experience delivering Clinical, Physical and patient-centered care, providing residential nursing, Dementia, and palliative care to vulnerable adults. Highly skilled in emotional intelligence, moving & handling, learning disability, mental health, infection control, administering medication and safeguarding. I am looking to work with a care company that has a vision for improving the health and well-being of vulnerable people, and i am eager to contribute to making a positive impact in the lives of those in need.

CORE COMPETENCIES

Communication & Interpersonal Skills
Primary Care & Personal Care Elderly
Patient Care
Emotional Intelligence

Creating Risk Assessment
Monitoring & Recording Observations
Moving and Handling
Supervising

Patient Rehabilitation
Creating Care Plans
Dementia Care Mental health

WORK EXPERIENCE

WILLOW
CARE&SUPPORT
Health Care
Assistant

Northampton, England
Dec 2022 – Present

- Administration of Medications to residents with dementia, Autism etc, thereby improving their living experience by 15%. • Reviewed strategies that improved clients care plans thereby improving their hygiene, meal and financial health.
 - Initiated therapeutic activities thereby improving the social experience of over 3 Autistic patients in their end of life. • Prepared meal choices that met the dietary requirements of clients thereby improving their physical health by 20%.
 - Maintaining accurate, timely and legible records of resident's care, including data input and statistical information as required
 - Collaborated with staff in supporting over 6 residents with personal hygiene thereby improving their daily living
 - Leveraging technology initiatives in documenting client's daily activities thereby increasing their living experience by 20%.
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- Maintaining the confidentiality of patient medical data while ensuring compliance with the company policies and procedures.

DALET HOSPITAL
Health Care Assistant

Lagos Nigeria
2020 – 2022

Working with a team of two doctors and six nurses, to ensure delivery of professional medical and patient care services to patients of varying age range and conditions.

Key Responsibilities

- Ensuring the accurate completion of all administrative and documentation tasks related to patient care.
- Assisting the floor nurse with patient assessments and evaluations on care effectiveness and contributing to the safe and compassionate delivery of care.
- Strengthening relations with both doctors and hospital professionals when discussing patient requirements.
- Providing quality care for the elderly patients with focus on everyday care such as personal hygiene, mental stimulation and general wellbeing.
- Maintaining the confidentiality of patient medical data while ensuring compliance with hospital policies and guidelines.
- Participating in hospital corporate social responsibility events like free medical care for the elderly and children at particular times of the year.
- Maintenance and upkeep of patient rooms and communal areas to promote patient safety.

Key Achievements Participated in the revamp of the general hygiene of the hospital environment during the COVID 19 pandemic which resulted to zero fatality during the entire period of the pandemic. Reorganized the patient clocking system which resulted in shorter wait time in the general hospital waiting area and improved patient satisfaction

EDUCATION

London, England

March, 2024

NVQ LEVEL 3 IN VIEW

Diploma in Health & Social Care

Courses: Ethics of Health care, Risk Management, Health & Safety, Communication, Role of an Health Care Professional.

Bsc. Business Management Administration

Lagos, Nigeria
2014

SKILLS AND INTERESTS

Skills: | Tech devices (Mobile & Tabs) | Microsoft Office Suits.

Interests: Singing (Karaoke), Games (Pool & Bowling), Cooking (British Dishes), Traveling (Visited 3 Continents).

Equipment Used: Hoist (Sera Steady), Thermometer, Wheelchair, Patient Monitor, Hospital Stretchers etc.

Certifications: Medication, Moving & Handling, Infection Control, Safeguarding, Autism, Dementia, Learning Disability, Catheter Care, COSHH, Dysphagia, End of Life, DOLS, Personal Hygiene, Mental Health.

Professional Skills

- Grief and behavior Counselling •
Crisis Management
- Conflict Resolution

- Ability to work without supervision, liaising appropriately with other practitioners in the term •
Good interpersonal and communication skills.
- Empathetic and sympathetic manner •
Good observation and reporting skills
- Patience, Confidence, Integrity and detail oriented
- Respectful of service user's individual needs and requirements •
Passion for supporting people

