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|  | Audrey Mukwesha  Contact details   |  |  | | --- | --- | |  | 07538400195 |  |  |  | | --- | --- | |  | enquiries@globalalliancecorporation.com |   Skills     * Patient Relations * Surgical Preparation * Biohazard Disposal * Care Monitoring * Emergency Response * Patient Positioning * Patient Assessments * Infection Control * Caregiver Relations * Clinical Documentation * Patient Observation * Medication Administration * Mobility Assistance * Supply Restocking * Injury Prevention * Specimen Collection * Problem-solving abilities * Attention to Detail * Direct Patient Care * Written Communication * Organizational Skills * Self Motivation * Documenting behaviors * Preparing meals * Companionship and emotional support * Calm Under Stress * Observing responses * Multitasking Abilities * Administering Medications * Oral Hygiene * Professionalism * Team Collaboration * Responding to emergencies * Effective Communication * Electronic Recordkeeping * Room Cleaning and Restocking * Patient-focused care * Excellent Communication * Active Listening * Medical office administration * Task Prioritization * Patient Care Quality * Behavior redirection * Light Housekeeping * Family Communication * Nutrition and Diet * Adaptability |  |  | Personal statement  Skilled in patient care and emergency response, I significantly improved patient satisfaction at CORNERSTONE CARE LTD. Demonstrated exceptional adaptability and problem-solving, earning commendations for providing comprehensive support, including medical administration and emotional companionship. Excel in team collaboration and effective communication, ensuring high-quality care.  Work history   |  |  | | --- | --- | |  | July 2023 - current  **Health Care Assistant**  CORNERSTONE CARE LTD   * Personal care (dressing/undressing, pad changing) * Fluid and nutrition Support (preparing drinks and cooking) * Mobility assistance: help with getting in and out of a wheelchair car, or shower * Helping service users with mobility problems and other physical disabilities * Attend to service users who are confined to bed and help lift and turn * These service users and using the equipment outlined in their care plan as necessary for their care and comfort * Housekeeping -responsible for cleaning and tidying the service users * Room and doing laundry simultaneously * Administered oral and topical medication as per care plan * Recording observations and reporting any changes/problems in client's condition, such as mobility, temperature, skin integrity, appetite, and behaviour to the line manager * Ensure all information regarding service users is kept in strictest * Confidence and documented |  |  |  | | --- | --- | |  | March 2024  **Health Care Assistant**  Safe Hands Care Agency Limited   * Mobility assistance- Helping service users move around from bed to chair or bed using a hoist, wheelchair, zimmer frame, walking frame, transfer aids * Meal preparation and Feeding- Preparing and serving meals , assisting clients with eating and drinking as needed and monitoring their nutritional intake * Companionship and emotional support- Engaging in conversation and participating in their hobbies and activities with them * Personal care- Assisting service users with daily living activities such as bathing, dressing, grooming and toileting * Housekeeping- Maintaining a clean and safe living environment by vacuum, dusting, laundry, dish washing * Catheter care- Monitoring and recording urine output, maintaining cleanliness and hygiene of the catheter site, assessing for signs of infection or complications |  |  |  | | --- | --- | |  | January 2023 - May 2023  **Nurse aid**  Health Eastern 24hr Hospital   * Maintained a clean and safe environment for both residents and staff * Pressure area care and caring for chronically ill patients * Dump dusting and dressing of wounds and infection control * Recorded vital signs * Managed records keeping * Direct patient care * Knowledge of dementia patient care * Personal hygiene, bed making and oral care * Received much appreciation and commendation, from supervisor, family, and friends for an exceptional focus on companionship |  |  |  | | --- | --- | |  | March 2022 - December 2022  **Part time basis**  Support care work, Private residence   * Working with an elderly couple suffering from dementia, partial blindness and old age-related ailments * Supporting with eating and drinking through encouragement and feeding * Administering medication * Maintaining the safety and cleanliness of the house * Taking walks with the patients * Befriending the patients and engaging in fun activities * Sometimes preparing food for the patients * Going for shopping with the patients |  |  |  | | --- | --- | |  | August 2020 - December 2021  **Provided home care assistance for an elderly woman.**  Community support worker   * Assisting in personal care which include bath, shower, bed baths and oral care * Gave assistance in using the toilet and bedpan * Completed household chores and maintained a clean and dust free environment * Prepared healthy and nutritious meals * Provided companionship and spent social time with patient and help to relax * Monitored and recorded her blood pressure levels and ensured that |  |  |  | | --- | --- | |  | February 2016 - May 2020  **Transferable skills - to healthcare**  Human resources practitioner   * Communication- Both HR professionals and caregivers need excellent communication skills to interact with diverse service users * Empathy-Understanding perspectives and feelings is crucial in both roles * Problem solving- The need to identify problems and develop appropriate solutions * Time management- Efficiently managing tasks and prioritizing responsibilities is crucial care * Teamwork- The ability to work effectively in a team , collaborating and supporting colleagues * Adaptability- The ability to adapt to changing circumstances and handle unexpected situations * Attention to detail * Confidentiality- the ability to keep private information for people and service users |   Education   |  |  | | --- | --- | |  | January 2012  **BSc Honours Degree in Human Resource Management, 2.1**  Midlands State University |  |  |  | | --- | --- | |  | **Diploma in care giving** |  |  |  | | --- | --- | |  | **7 Ordinary level passes - including Maths , Science , English** |  |  |  | | --- | --- | |  | **3 Advanced level Passes - 10 points** |   Qualifications   |  |  | | --- | --- | |  | * 32 Bespoke care certifications- Online * Moving and Handling of people train the trainer - Tutor care. * Advanced Medication train the trainer- Tutor care. * ICDL (international computer driving licence) Speciss College |   Personal Information   |  |  | | --- | --- | |  | Title: Healthcare assistant |   References   |  |  | | --- | --- | |  | References available upon request | |  |

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