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|  | Audrey MukweshaContact details

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|  | 07538400195  |

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|  | enquiries@globalalliancecorporation.com |

Skills * Patient Relations
* Surgical Preparation
* Biohazard Disposal
* Care Monitoring
* Emergency Response
* Patient Positioning
* Patient Assessments
* Infection Control
* Caregiver Relations
* Clinical Documentation
* Patient Observation
* Medication Administration
* Mobility Assistance
* Supply Restocking
* Injury Prevention
* Specimen Collection
* Problem-solving abilities
* Attention to Detail
* Direct Patient Care
* Written Communication
* Organizational Skills
* Self Motivation
* Documenting behaviors
* Preparing meals
* Companionship and emotional support
* Calm Under Stress
* Observing responses
* Multitasking Abilities
* Administering Medications
* Oral Hygiene
* Professionalism
* Team Collaboration
* Responding to emergencies
* Effective Communication
* Electronic Recordkeeping
* Room Cleaning and Restocking
* Patient-focused care
* Excellent Communication
* Active Listening
* Medical office administration
* Task Prioritization
* Patient Care Quality
* Behavior redirection
* Light Housekeeping
* Family Communication
* Nutrition and Diet
* Adaptability
 |  |  | Personal statementSkilled in patient care and emergency response, I significantly improved patient satisfaction at CORNERSTONE CARE LTD. Demonstrated exceptional adaptability and problem-solving, earning commendations for providing comprehensive support, including medical administration and emotional companionship. Excel in team collaboration and effective communication, ensuring high-quality care.Work history

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|   | July 2023 - current**Health Care Assistant**CORNERSTONE CARE LTD * Personal care (dressing/undressing, pad changing)
* Fluid and nutrition Support (preparing drinks and cooking)
* Mobility assistance: help with getting in and out of a wheelchair car, or shower
* Helping service users with mobility problems and other physical disabilities
* Attend to service users who are confined to bed and help lift and turn
* These service users and using the equipment outlined in their care plan as necessary for their care and comfort
* Housekeeping -responsible for cleaning and tidying the service users
* Room and doing laundry simultaneously
* Administered oral and topical medication as per care plan
* Recording observations and reporting any changes/problems in client's condition, such as mobility, temperature, skin integrity, appetite, and behaviour to the line manager
* Ensure all information regarding service users is kept in strictest
* Confidence and documented
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|   | March 2024 **Health Care Assistant**Safe Hands Care Agency Limited * Mobility assistance- Helping service users move around from bed to chair or bed using a hoist, wheelchair, zimmer frame, walking frame, transfer aids
* Meal preparation and Feeding- Preparing and serving meals , assisting clients with eating and drinking as needed and monitoring their nutritional intake
* Companionship and emotional support- Engaging in conversation and participating in their hobbies and activities with them
* Personal care- Assisting service users with daily living activities such as bathing, dressing, grooming and toileting
* Housekeeping- Maintaining a clean and safe living environment by vacuum, dusting, laundry, dish washing
* Catheter care- Monitoring and recording urine output, maintaining cleanliness and hygiene of the catheter site, assessing for signs of infection or complications
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|   | January 2023 - May 2023**Nurse aid**Health Eastern 24hr Hospital * Maintained a clean and safe environment for both residents and staff
* Pressure area care and caring for chronically ill patients
* Dump dusting and dressing of wounds and infection control
* Recorded vital signs
* Managed records keeping
* Direct patient care
* Knowledge of dementia patient care
* Personal hygiene, bed making and oral care
* Received much appreciation and commendation, from supervisor, family, and friends for an exceptional focus on companionship
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|   | March 2022 - December 2022**Part time basis**Support care work, Private residence * Working with an elderly couple suffering from dementia, partial blindness and old age-related ailments
* Supporting with eating and drinking through encouragement and feeding
* Administering medication
* Maintaining the safety and cleanliness of the house
* Taking walks with the patients
* Befriending the patients and engaging in fun activities
* Sometimes preparing food for the patients
* Going for shopping with the patients
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|   | August 2020 - December 2021**Provided home care assistance for an elderly woman.**Community support worker * Assisting in personal care which include bath, shower, bed baths and oral care
* Gave assistance in using the toilet and bedpan
* Completed household chores and maintained a clean and dust free environment
* Prepared healthy and nutritious meals
* Provided companionship and spent social time with patient and help to relax
* Monitored and recorded her blood pressure levels and ensured that
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|   | February 2016 - May 2020**Transferable skills - to healthcare**Human resources practitioner * Communication- Both HR professionals and caregivers need excellent communication skills to interact with diverse service users
* Empathy-Understanding perspectives and feelings is crucial in both roles
* Problem solving- The need to identify problems and develop appropriate solutions
* Time management- Efficiently managing tasks and prioritizing responsibilities is crucial care
* Teamwork- The ability to work effectively in a team , collaborating and supporting colleagues
* Adaptability- The ability to adapt to changing circumstances and handle unexpected situations
* Attention to detail
* Confidentiality- the ability to keep private information for people and service users
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Education

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|   | January 2012 **BSc Honours Degree in Human Resource Management, 2.1** Midlands State University  |

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|   | **Diploma in care giving**  |

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|   | **7 Ordinary level passes - including Maths , Science , English**  |

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|   | **3 Advanced level Passes - 10 points**  |

Qualifications

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|   | * 32 Bespoke care certifications- Online
* Moving and Handling of people train the trainer - Tutor care.
* Advanced Medication train the trainer- Tutor care.
* ICDL (international computer driving licence) Speciss College
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Personal Information

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|   | Title: Healthcare assistant |

References

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|   | References available upon request |

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