

Temitope Daniel

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A dedicated and compassionate individual with experience in providing assistance to persons with a variety of needs. I am a patient and understanding individual who strives to build positive relationships with those in my care. I am committed to providing the highest level of care and support and I am always willing to go above and beyond.

Willing to relocate: Anywhere

Work Experience

Health Care Support Worker

Royal Papworth Hospital NHS Foundation Trust - Cambridge-Cambridge

February 2024 to July 2024

- Urinalysis and preparation of specimens for investigation by the pathology laboratory.
- Measuring and recording:-
Blood pressure
Pulse, Rate and Rhythm
Temperature
Height and Weight
body mass index
ECGs
Blood glucose monitoring.
- Venepuncture.
- Prepare and maintain environments and equipment before, during and after patient care interventions.
- Undertake dressing procedures following local recommendations, complying with infection control principles and practice.
- Perform spirometry on patients after full training and assessment of competence.
- Give accurate and appropriate information to patients and groups within own competence.
- Provide support and encouragement to patients to self manage their conditions as appropriate.
- Remove sutures, Cannula, catheter and clips.
- Undertake foot checks for people with diabetes.
- Act as a chaperone, when requested.
- Record information and activities undertaken with patients and carers in an accurate and timely fashion using manual or computer systems and Read codes.

- Ensuring medical records are kept up to date to reflect the patient's needs eg Fluid and food balance charts.
- Participates in all aspects of patient care with particular attention to personal hygiene and grooming.
- Support of patients in managing incontinence and promotion of continence.
- Preparation and serving of patients meals, drinks and snacks. Assisting / feeding patients as necessary.
- Enable patients to maintain/improve their mobility by use of exercise and mobility appliances.
- Assist in the prevention of pressure sore development as directed by the Registered nurse in conjunction with the patients plan of care
- Carry out any movement and handling within the safe practice guidelines from your mandatory training and in relation to the patients manual handling plan.
- Obtaining specimens from patients for ward or laboratory testing e.g Arterial blood gas machine
- Undertake the dressing of non-complex wounds (in accordance with identified competencies and in conjunction with the plan of care).

Health Care Assistant

Care UK-Haverhill

January 2023 to January 2024

- Helping residents to remain as active and independent as possible
- Support residents with personal care and mealtimes
- Helping identify residents' unique goals and implement personalised care plans
- Supporting residents to explore new interests and engage in physical activities in a motivating and homely environment

Care Assistant

ALFAD Specialist Medical Centre-Abuja

February 2020 to January 2023

- Making sure patients maintain proper and personal hygiene
- Providing personal care assistance to patients
- Checking up on patients to ensure that they are in their best condition
- Serving the meal and feeding patients who need feeding assistance
- Making the bed for the patient
- Making patient feel comfortable by taking them with topic of their interest.
- Assist in bathing and all other personal care for the patient
- Assist in moving patient used cloth to the laundering

Education

University Degree in Computer Science

University of Abuja - Abuja

March 2009 to August 2013

General Certificate of Secondary Education in GCSE

Government Secondary School Garki, Abuja - Abuja

March 2002 to September 2009

Skills

- Phlebotomy
- Communication skills
- Organisational skills
- Care home
- Hospital experience
- Basic life support
- Manual handling
- Patient observation
- Catheter care
- Driving
- Food preparation
- Medication administration
- Dementia care

Awards

GEM of the month

October 2023

I was awarded the most outstanding member of team for my hard work and diligence.

Certifications and Licenses

Care Certificate NHS

February 2024 to Present

NHS Band 3 Care Certificate

NEWS 2

February 2024 to Present

National Early Warning Score Certificate

Band 3