Audrey currently employed as a Health Care AssistantCORNERSTONE CARE LTD UK

**Key Notes:**

* **Health Care Assistant CORNERSTONE CARE LTD UK**
* Assist with personal care, including dressing and changing pads.
* Prepare meals and beverages for nutrition support.
* Provide mobility assistance for wheelchairs, vehicles, and showers.
* Support users with mobility challenges and physical disabilities.
* Assist bed-bound users with lifting and repositioning.
* Use specified equipment to enhance comfort and care.
* Maintain cleanliness and organization in living spaces.
* Perform laundry and manage room upkeep.
* Administer medications as per care plans.
* Document observations and report changes in clients' conditions confidentially.

Mobility support:

Assisting clients with transitions using hoists, wheelchairs, and walking aids.

Nutritional assistance:

Preparing meals, serving food, and aiding with eating and drinking.

Social interaction:

Providing companionship through conversation and shared activities.

Daily living support:

Assisting with personal care tasks like bathing, dressing, and grooming.

Environmental upkeep:

Maintaining a clean and safe home through cleaning and laundry tasks.

Catheter management: Monitoring urine output and ensuring catheter hygiene.

* Mobility support: Assisting clients with transitions using hoists, wheelchairs, and walking aids. Nutritional assistance: Preparing meals, serving food, and aiding with eating and drinking.
* Social interaction: Providing companionship through conversation and shared activities.
* Daily living support: Assisting with personal care tasks like bathing, dressing, and grooming.
* Environmental upkeep: Maintaining a clean and safe home through cleaning and laundry tasks.
* Catheter management: Monitoring urine output and ensuring catheter hygiene.
* Mobility assistance- Helping service users move around from bed to chair or bed using a hoist, wheelchair, Zimmer frame, walking frame, transfer aids
* Meal preparation and Feeding- Preparing and serving meals , assisting clients with eating and drinking as needed and monitoring their nutritional intake
* Companionship and emotional support- Engaging in conversation and participating in their hobbies and activities with them
* Personal care- Assisting service users with daily living activities such as bathing, dressing, grooming and toileting
* Housekeeping- Maintaining a clean and safe living environment by vacuum, dusting, laundry, dish washing
* Catheter care- Monitoring and recording urine output, maintaining cleanliness and hygiene of the catheter site, assessing for signs of infection or complications
* Maintained a clean and safe environment for both residents and staff
* Pressure area care and caring for chronically ill patients
* Dump dusting and dressing of wounds and infection control
* Recorded vital signs
* Managed records keeping
* Direct patient care
* Knowledge of dementia patient care
* Personal hygiene, bed making and oral care
* Received much appreciation and commendation, from supervisor, family, and friends for an exceptional focus on companionship
* Working with an elderly couple suffering from dementia, partial blindness and old age-related ailments
* Supporting with eating and drinking through encouragement and feeding
* Administering medication
* Maintaining the safety and cleanliness of the house
* Taking walks with the patients
* Befriending the patients and engaging in fun activities
* Sometimes preparing food for the patients
* Going for shopping with the patients
* Assisting in personal care which include bath, shower, bed baths and oral care
* Gave assistance in using the toilet and bedpan
* Completed household chores and maintained a clean and dust free environment
* Prepared healthy and nutritious meals
* Provided companionship and spent social time with patient and help to relax
* Monitored and recorded her blood pressure levels and ensured that
* Communication- Both HR professionals and caregivers need excellent communication skills to interact with diverse service users
* Empathy-Understanding perspectives and feelings is crucial in both roles
* Problem solving- The need to identify problems and develop appropriate solutions
* Time management- Efficiently managing tasks and prioritizing responsibilities is crucial care
* Teamwork- The ability to work effectively in a team, collaborating and supporting colleagues
* Adaptability- The ability to adapt to changing circumstances and handle unexpected situations
* Attention to detail
* Confidentiality- the ability to keep private information for people and service users