

BRIDGET MARUVA

Health-Care assistant/support worker

+263 773 937 608

bridgetmaruva92@gmail.com

Personal Statement

I am a highly compassionate healthcare assistant and support worker with vast experience in caring for young and older patients in their different conditions while maintaining a safe and patient-focused environment. I am knowledgeable and experienced in attending to patient needs and requests while remaining conscious to practice standards and limitations. I have a relevant track record as a vibrant team player who shows commitment to service, and professionalism in delivering outstanding care to patients.

I have the ability to build productive relationships with patients, residents, visitors, staff and the broader health care community depending on the working environment. I am careful with medications and thorough in completing prescribed treatments and confident in assisting with diverse ward/home needs. I was trained in documentation, assessments and electronic charting and I am seeking a new career opportunity in caregiving and support assistant roles for further career growth and exposure while I provide excellent service to your organization.

Work Experience

RUWA NATIONAL REHABILITATION HOSPITAL

January 2022- date

Healthcare Assistants

- Observing, monitoring and recording patients' conditions by taking temperatures, pulse, respirations and weight.
- Assisting with clinical duties.
- Personal care including food, personal hygiene and overall reassurance, comfort and safety.
- Adhering to professional standards.

IDA WEKWAKO OLD AGE HOME, MARONDERA ZIMBABWE

2019 - 2021

Support Worker

- Assisting with bathing, toileting, shopping, feeding and grooming.
- Ensuring the safety of clients in and out of the home, by encouraging on going adherence to all healthy
And safety standards and company regulations.
- Proper use of assistive devices such as wheelchairs. Walking frames. Crutches, walking sticks (tripod stick, quad stick).
- Support with hobbies and physical activities.

Borrodaille Hospital, Marondera

June 2021

Health Care Assistant

- Responded appropriately to the physical, emotional, and developmental needs of elderly people
- Obtained information about Elderly patient medical history, complaints, and allergies
- Help patients move in and out of beds, baths, wheelchairs, and transport vehicles
- Basic patient care activities of daily living such as assistance with patient hygiene, comfort, safety, and nutrition

Econet Wireless, Marondera, Zimbabwe

January 2017–May 2021

Brand Ambassador, Assistant Sales Consultant

- Attending to all walking customers
- Sell econet products
- Assist customers with queries
- Prepare and compile reports for shop operations

Education & Training

ALISON

03/22 – 12/23

Supporting Individual with Intellectual Disabilities & Mental illness

Pass

ALISON

06/21 – 12/22

Elderly Care and Caring For the Disabled

Pass

ALISON

01/23 – 12/23

Diploma in Caregiving

Pass

Certificate in Computer Appreciation

Institute: UMMA

Attained: 2010

Training

- Microsoft word
- Microsoft Excel
- Microsoft Power Point
- Internet

Other Skills

Clean class 4 driver's license

Achievements & Awards

- Communication skills, including listening.
- Client safety and friendly.
- Time management and teamwork.
- Personal care and strong ethics.
- Able to follow instructions and prioritize a busy workload.

References

*References Available Upon Request