CHEROP JERUTO CYNTHIA P.O BOX 200 -30401 KABARTONJO

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Objective

A recent graduate, post internship with vast knowledge and experience in inpatient care and with critical thinking and technical proficiency in dealing with patients. Seeking to join a team of professionals dedicated to providing holistic high quality healthcare services with compassion and respect for clients.

Professional summary

A registered nurse who is enthusiastic, hardworking, adaptable and competent professional looking for a career advancement opportunity where i can apply the skills previously gained to maximum effect.

Personal and professional skills

I am dedicated to excellent patient care has strong oral and written communication skills, strong interpersonal skills and a team player.

I can work under little or no supervision.

I have excellent sense of integrity and accountability.

I am proficient in information communication technology (ICT) especially electronic health records (EHR) systems and Hospital Management Systems (HMS).

Education and professional status

Bachelor of Science in Nursing Kabarak University

2018-2023

Kenya Certificate of Secondary Education Sing'ore Girls' High School.

2014-2017

Kenya Certificate of Primary Education Atiar PrimarySchool

2005-2013

Work experience

Worked in kajiado county referral hospital as a nursing officer intern for the period 2023 to 2024

Duties and responsibilities

1. Assessment and Care Planning

I can conduct comprehensive and ongoing assessments of patients' physical, psychological, and social needs.

I can develop, implement, and evaluate individualized care plans based on assessment findings and patient goals.

2. Direct Patient Care

I have Patient the ability to provide direct nursing care, including administering medications, wound care, and other treatments.

I can monitor and document patients' vital signs, symptoms, and responses to treatment.

I am able to assist with activities of daily living (ADLs) such as bathing, dressing, and feeding

I do take pride in ensuring continuity of care by appropriate handover from one shift to the next

3. Clinical Skills and Procedures

I am able to perform advanced clinical procedures such as intravenous therapy, catheterization, and central line care, among others.

I have the ability to operate and troubleshoot medical equipment.

4. Patient Education and Support

I take pride in educating patients and their families about health conditions, treatments, and post-discharge care.

I take pride in providing emotional support and counseling to patients and families.

5. Collaboration and Communication

I collaborate with interdisciplinary team members, including physicians, therapists, and pharmacists, to coordinate care.

I communicate effectively with patients, families, and the healthcare team to ensure continuity and quality of care.

6. Documentation and Record-Keeping

I maintain accurate and timely documentation of patient care, interventions, and outcomes.

I ensure compliance with legal, regulatory, and institutional standards for record-keeping.

7. Safety and Quality Improvement

I adhere to infection control protocols and other safety measures to protect patients and staff.

I participate in quality improvement initiatives to enhance patient care and outcomes.

8. Professional Development

I engage in continuous professional development through education, certification, and participation in professional organizations.

I stay current with evidence-based practices and advancements in nursing and healthcare.

9. Leadership and Mentorship

I have served as a role model and mentor for junior nurses and nursing students.

I have taken on leadership roles in clinical practice, such as shift leader or team leader.

10. Ethical and Legal Responsibilities

I uphold ethical standards and patient confidentiality.

I advocate for patients' rights and informed consent.

11. Emergency Response

I respond promptly and effectively to medical emergencies and critical situations.

I participate in code teams and emergency response drills.

References:

1.Mrs.Doris Biwott H.O.D Kabarak University +254 722 745259

2.Mrs.Ann Mundia Nursing Service manager Kajiado County Refferal Hospital +254 720 754095

3.Nkirote Caroline Ward In-Charge 0727939011