



Constance Eboetale Akamien

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● PROFESSIONAL SUMMARY

Objectives

Compassionate and detail-oriented Midwife, with over 4 years of experience in providing high-quality patient care. Skilled in medical procedures, patient assessment, and administrative tasks. Dedicated to promoting patient well-being. Dedicated and compassionate with hands-on experience providing high-quality patient care. Skilled in conducting assessments, administering treatments, and maintaining accurate records to support optimal healthcare delivery.

● EDUCATION AND TRAINING

12/03/2015 – 16/03/2018 Uromi, Nigeria

MIDWIFERY St camillus school of midwifery

Field of study Health and welfare not elsewhere classified

● SKILLS

Competencies

- Elderly care
- House keeping
- Basic life saving skill
- Meal preparation
- Computer literacy
- Team work
- Empathy
- Assisting with procedure
- Communication
- Patients care
- Time management
- Catheterization and irrigation
- Critical thinking
- Urgent care and triage
- Physical stamina

● WORK EXPERIENCE

02/12/2019 – CURRENT Edo, Nigeria

MIDWIFE IRRUA SPECIALIST TEACHING HOSPITAL

- Provided comprehensive antepartum, intrapartum, postpartum, and gynecological services to women and their families
- Delivered babies and provided prenatal, gynecologic, postpartum, and intrapartum care to a diverse clinic population
- Supported women in their birth plans and emphasized bed-side labor support
- Monitored fetal development through various methods
- Assisted with daily living activities, vital sign monitoring, mobility, and physical therapy exercises
- Administered medications and assisted with wound care management
- Ensured patients received adequate nutrition and hydration

- Maintained a clean and safe environment for patients
- Participated in patients' care plans and reported progress to the healthcare team
- Provided emotional support to patients and their families.
- Collaborated with healthcare professionals to provide comprehensive care
- Conducted health education programs for clients and students
- Provided additional care to non obstetrical clients in collaboration with the medical team
- Participated in educational programs for various stakeholders in the healthcare field
- Assisted in providing care to most medical patients which include diabetic, nephrology, and hypertensive patients
- Cared for orthopedic patients, surgical and nonsurgical clients.
- Nursed neurology patients to term

Business or Sector Human health and social work activities

05/05/2018 – 01/12/2019 Uromi, Nigeria

MIDWIFE GLORY MEDICAL CENTER

- Administered medications and treatments prescribed by the physician and other members of the healthcare team.
- Maintain high level of alertness to subtle changes in patient's status and using clinical judgement to ascertain the best line of response and care.
- Anticipated a baby's needs as well as endeavouring to understand their nonverbal communication.
- Ensured that my patients receive the attention and medical care needed based on their conditions.
- Supported in the development and compliance with hand hygiene programs to increase the overall wellbeing of neonates in the ICU and reduce risk to nosocomial infections
- Provided round-the-clock care to premature and severely ill new-born infants.
- Caring for the basic needs of infants like feeding and changing diapers.
- Assisted in medical procedures such as inserting intravenous lines, performing tests, mechanical ventilation, etc.
- Participating in multidisciplinary rounds and team meetings to discuss patient progress and plan of care while documenting patient information and keeping accurate records.
- Continuously monitoring and evaluating patient responses to treatments and making necessary adjustments to the care plan.

● VOLUNTEERING

21/12/2020 – CURRENT Edo state Nigeria

Community outreach at Ofure Centre for Peace and Development

As a charge nurse of a medical outreach program, my responsibilities consisted of coordinating and overseeing the delivery of medical services to underserved communities. I worked closely with the medical director to ensure that all medical equipment and supplies were properly stocked.

I conducted regular trainings and meetings to ensure that all medical staff understood their roles and responsibilities during the outreach program. During the medical outreach, I supervised the nursing staff, ensuring they provided proper medical care, administered medications, and prepared paperwork for medical record keeping.

I also provided patient care and education alongside my nursing team. I ensured that all patients received the appropriate care and attention. I monitored each patient's condition, provided patient education on managing their healthcare needs, and coordinated referrals for those who required further medical attention.

Overall, my experience as a charge nurse in the medical outreach program allowed me to explore my passion for nursing and allowed me to make a positive impact on underserved communities.

● EQUIPMENT HANDLED

CURRENT

Equipment used

Infusion pump
Suctioning machine
Thermo-scan

Sphygmomanometer
Pulse oximeter
Stethoscope
Nebulizer
Glucometer
Desktop computer
E-Chart
Standing Scale
Nasogastric tube
Bag valve mask
Oxygen equipment

● **UNITS WORKED**

Previous unit and places worked

Male medical wards
Female medical ward
Male orthopedic and Neuro ward
Labor ward
Private home care for the elderly and disabled

● **DIGITAL SKILLS**

Social media, Google Drive, zoom, Microsoft word

● **LANGUAGE SKILLS**

Mother tongue(s): **ENGLISH**

● **IETS STATUS**

Overall band score 7

Listening: 6.5
Reading: 7
Writing: 7
Speaking: 7.5

● **HONOURS AND AWARDS**

06/03/2019
Best Dancer – St Camillus school of midwifery

● **CERTIFICATION**

03/2015 – 03/2018
Registered Midwife

BLS
PALS
ACLS

● **DECLARATION**

Affirmation

I hereby declare that all information contained in this resúme are correct to the best of my knowledge.