






Afam-Nwankwo Cynthia Ogochukwu

Caregiver

Contact Details

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-  +234 9047224572, +234 8036043701
-  Lagos, Nigeria

Education

- Geriatric Human Resources Development Academy**
Lagos State, Nigeria
Aug. 2022 - Jan. 2023
- Enugu State University of Science and Technology**
Enugu, Nigeria
1998 - 2002
Bachelor of Accountancy

Skills

- Warm companionship - Expert
- Compassion and kindness - Expert
- Household Management - Expert
- Patience - Expert
- Reliable - Expert
- Organized - Expert
- Caring - Expert
- Full Communication Skill - Excellent
- CPR - Excellent

Summary

Compassionate and experienced caregiver specializing in caring for the elderly persons suffering from chronic illness and those with disabilities. Providing optimal care for those who cannot care for themselves and those who require a more intense level of patient care. Experienced in assisting clients with getting to and from places, administering medication, preparing and serving meal. Committed to caring for clients in a way that improves their overall quality of life. Proving ability to assist with daily living activities and managing medical schedules.

Work Experience/Internship

Centre for Happy Elderly People (CHEP) Lagos State, Nigeria
Aug. 2022 - Jan. 2023

- Monitor vital signs, administer medications and keep up-to-date records of progress.
- Assist patients with various life activities including but not limited to: bathing, dressing, feeding, grooming and exercising.
- Report any changes in a patients mental or physical health and address the situation appropriately.
- Practice patience and compassion even in the most challenging situations.
- Developed individualized care plans in coordination with physician instructions.

Voluntary Work

Centre for Happy Elderly People (CHEP), Lagos State, Nigeria
February 2023 - Till Date

References

Reference available upon request