Gideon IRAOYAH

Benin Nigeria | +2348034680970 | iedeki@yahoo.com

Summary

Professional with experience interacting with patients daily to deliver top-quality healthcare services. Practiced in recording vital signs and supporting medical staff with various patient care tasks. .

Skills

- Dementia Care
- Physical assessments
- Patient Care Coordination
- Rehabilitation Assistance
- Palliative Care
- Nutrition planning
- Catheter Care
- Vital signs monitoring
- Feeding Assistance
- Wound Care
- Care Monitoring
- Mobility Assistance
- Patient Positioning
- Infection Control
- Medication Administration
- Empathy and Compassionate Care
- Quick problem solver
- Teamwork and Collaboration
- Multitasking
- Preparing meals
- Emotional and Social Support
- Excellent Communication
- Team building

Experience

SENIOR HEALTH CARE ASSISTANT | 02/2014 - Current
Comprehensive health centre - Fugar, Nigera

- Observed patients' physical appearance and reactions to treatments and medications to monitor their condition.
- Ensured hygiene standards by maintaining cleanliness of treatment rooms, equipment, and supplies.
- Collaborated with multidisciplinary team in managing complex cases with multiple diagnoses/treatments.
- Accurately documented patient information on medical charts, enabling physician review.
- Responded to emergencies effectively by following appropriate protocols including cardiopulmonary resuscitation.
- Administered prescribed medications as directed by healthcare professionals.
- Participated in discussions with hospital administration to address changes in policies and procedures impacting unit and department operations.
- Organized medical records in accordance with established procedures for efficient data retrieval.
- Provided emotional support and assistance to patients and families during challenging moments. Engaged in offering comfort and aid to individuals facing hardships.
- Recorded and tracked patient care, condition, progress, and concerns in an electronic medical records system.
- Assisted in delivering excellent patient care by performing tasks such as measuring vital signs, dressing wounds, and administering catheterization.
- Documented patient information in charts and communicated updates to interdisciplinary care team.
- Assisted in providing wound care for various types of wounds including pressure ulcers, bed sores, and surgical site wounds.
- Implemented preventative measures to avoid bedsores by regularly turning and repositioning bedridden patients.

HEALTH CARE ASSISTANT | 01/2007 - 02/2014
Voltage Clinic - Fugar, Nigeria

- Assisted patients in their daily living activities, including bathing and dressing.
- Assisted in utilizing appropriate techniques to transfer patients from wheelchair or bed.
- Aided in providing nutrition to disabled and ill residents who couldn't self-feed.
- Assisted in performing mobility exercises for immobile patients under the guidance of healthcare professionals.
- Followed infection control policies and procedures to maintain a clean work environment
- Administered medications as prescribed by physician orally or topically.
- Assisted in room cleaning and restocked supplies as required for patients.
- Participated in team meetings to discuss patient cases and best practices.
- Assisted in basic daily living tasks such as meal service, feeding, and movement of patients.
- Ensured patient privacy by strictly adhering to hospital protocols
- Transported and delivered specimens, laboratory items, and pharmacy items with meticulous attention to detail and adherence to proper documentation.
- Provided timely reminders to patients regarding prescribed medications or nutritional supplements.
- Prepared patients for surgical procedures, treatments, or examinations by shaving and draping.
- Assisted patients with bathing, dressing, and toileting.

HEALTH CARE AIDE | 09/2000 - 01/2007
Divine Nursing Home - Fugar, Nigeria

- Enhanced patient autonomy while offering assistance as required.
- Maintained clean and safe environment for patients in compliance with health regulations.
- Collaborated with interdisciplinary team members to ensure quality patient care.
- Served as a prompt communicator, relaying changes and concerns to supervising healthcare professionals.
- Observed and documented patients' changes in physical and emotional well-being.
- Provided patients and their families with emotional support during challenging moments.
- Performed light housekeeping duties such as laundry, vacuuming, and dusting.
- Offered compassionate assistance to individuals in need of end-of-life support.
- Assisted patients with various tasks related to daily living, including bathing, dressing, grooming, and eating.
- Ensured client happiness and safety by maintaining a clean and well-organized environment.
- Enhanced patient well-being by providing compassionate care.
- Assisted residents in ambulating with and without assistive devices.
- Responded to signal lights, bells, and intercom systems to assess resident needs.
- Helped residents maintain personal hygiene through assistance with bathing and dressing.
- Supported day-to-day operations of nursing staff.

SUPPORT WORKER | 10/1992 - 09/2000
His Glory Medical Centre - Ewu, Nigeria

- Provided support to clients by assisting with personal care needs including showering and dressing.
- Developed positive relationships with service users while maintaining professional boundaries.
- Promoted service user participation in physical health and mental wellbeing-focused social activities.
- Assisted clients in acquiring essential living skills including budgeting, cooking, and cleaning.
- Accompanied clients to medical appointments and provided assistance with daily tasks.
- Managed challenging behavior from clients in a calm manner by utilizing de-escalation techniques.
- Organized leisure activities for clients in the community.
- Offered assistance and guidance to individuals in need of emotional and practical help.
- Reported incidents and accidents according to company policy and procedure.
- Provided safe and companionate transportation services for clients, ensuring their attendance to appointments, shopping trips, and special events.
- Enhanced clients' well-being through the provision of emotional support and companionship.
- Lifted, moved and adjusted clients for various requirements in ambulating individuals.
- Provided assistance to clients with mobility needs, including wheelchair usage and transfers.
- Supported clients' social, physical and emotional needs to facilitate their integration into the local community.

- Assisted clients in performing daily living activities including personal hygiene and meal preparation.

Education and Training

LA PLAGE META VERSE - Personal Support Worker
06/2024

LA PLAGE META VERSE Online - Executive Diploma
Health care administration, 08/2023

LA PLAGE META VERSE Online - Executive Diploma
Human Resources Management, 08/2023

London Professional Training Centre - Benin, Nigeria. | Level 3 Diploma in Health and Social Care
Health and Social Care, 02/2021
University of Washington – (Online)   Certificate in Global Mental Health 04/2021.

Emaudo Secondary School - Ekpoma, Nigeria | High School Diploma
06/1992

Certifications

New Worker Health and safety Awareness (WHMIS)	Aixsafety.com, July 2024.
Workplace Wellbeing -Accessibility of Ontarians with Disability Act	(AODA) July 2024.
Dementia Care	Florence Academy, June 2024
Medication Administration	Florence Academy, June 2024
Food Hygiene	Florence Academy, June 2024
Basic Life Support	Florence Academy, June 2024
CPR John	Furst , June 2024
Basic First Aid	John Furst, June 2024
Pediatric First aid	John Furst, June 2024
Advanced First Aid	John Furst, June 2024
Care Certificate	UK CPD September 2021
Certificate in Global Mental Health	University of Washington USA April 2021

Accomplishments

- Certificate of Appreciation as a site coordinator/facilitator for the online course-Global Mental Health offered through the University of Washington Department of Global Health E-learning program January to April, 2021.

References

References available upon request.