

# AKINMADE GOODNESS ANUOLUWAPO

1, Railway Street, Liberty Estate, Abeokuta, Ogun State, Nigeria.

+2347064529281 | anuoluwapoakinmade15@gmail.com

## PROFESSIONAL SUMMARY

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Experienced and compassionate Nursing Assistant with 3 years of experience in delivering nursing care roles across diverse healthcare environments. I specialize in providing exceptional support under nurses' supervision by performing daily personal care duties, administering medications, and carefully monitoring patients' health. Highly skilled in a broad range of tasks, from assisting with personal hygiene and mobility to wound care and vital signs monitoring. I have the ability to tailor care plans to individual needs while maintaining a safe and comfortable setting. Experienced in documenting medical reports, coordinating appointments, and working collaboratively with healthcare professionals to ensure integrated care. I am devoted to improving patient well-being and supporting healthcare teams in delivering exemplary care.

## EXPERTISE

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- Patient Care
- Mobility Assistance
- Personal Care
- Health Monitoring
- Safety and Emergency Response
- Effective Communication

## PROFESSIONAL EXPERIENCE

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- **Ark MedCare, Nigeria**

- Nursing Assistant**

- February, 2021 – Current**

- Key Achievements**

- Assist patients with bathing, showering, grooming and also assisting with toileting and incontinence.
    - Help patients dress and undress.
    - Provide emotional support and reassurance.
    - Taking note and recording patients' temperature, pulse, blood pressure, and oxygen saturation.
    - Monitor and report any changes or abnormalities to nurses.
    - Assisting with monitoring blood glucose levels.
    - Help patients move in and out of bed, wheelchair, or stretcher.
    - Use proper lifting techniques to prevent injury.
    - Dispose of waste and soiled materials.
    - Maintain a clean and safe environment.
    - Monitor fluid intake and report any concerns.
    - Acting as a liaison between patients and healthcare team and family members.
    - Assist with documenting patient information, vital signs, and care provided.

- **Oba Ademola II Maternity Hospital, Abeokuta, Ogun State, Nigeria**

- Healthcare Assistant**

- October, 2019 – January, 2021**

- Key Achievements**

- Maintained accurate and up-to-date patient records and reports.
    - Assisted doctors and nurses with medical procedures and treatments.
    - Provided emotional support and clear communication to patients and their families.
    - Documented patient information, care provided, and observations in medical records.
    - Implemented and adhered to strict hygiene and infection control protocols to minimize the risk of infections.
    - Took and recorded patient's temperature, pulse, blood pressure, and respiration rates.
    - Provided medication as prescribed and ensured patients adhere to their medication schedules.

## EDUCATION HISTORY

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- **Moshood Abiola Polytechnic Ogun State, Nigeria** 2017  
National Higher Diploma in Accountancy
- **Angus Memorial School** 2007  
West African Senior Secondary School Certificate Examinations (WASSCE)

## CERTIFICATIONS

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- MedicalNigeria & ARK Medcare— **Diploma in Nursing & Patient Care, 2021**
- Alison International Galway Ireland — **Certificate in Care Giving, 2023**
- National Healthcare Provider Solutions (NHCPS)— **Certificate and License in Basic Life Support (BLS), 2023**
- National Healthcare Provider Solutions (NHCPS) & Save a Life— **Certificate and License in CPR, AED, & FIRST AID, 2023**
- MedicalNigeria & ARK Medcare— **Child Care; Health and Safety Certificate Course, 2023**
- MedicalNigeria & Ark Medcare— **Certificate in Health and Safety Management in Healthcare, 2023**

## PERSONAL ATTRIBUTES

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- **Empathy:** I possess a deep sense of empathy of being able to understand and connect with the emotions and experiences of the clients.
- **Patience:** I am able to remain calm and composed in challenging situations.
- **Compassion:** I genuinely care for the well-being and happiness of my clients by providing comfort, emotional support, and a sense of security to my clients.
- **Trustworthiness:** I am able to maintain confidentiality of clients information.
- **Flexibility:** I can handle several routines or schedule to meet the changing requirements of my clients.

## REFERENCE

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- Available upon request