

AKUBUIKE EFURUIBE NGOZI UGOCHI

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OBJECTIVES:

To achieve, Professional excellence in Line with International Standard, so that I can work and fit into any global health or medical care system.

PERSONAL DETAILS

Date of Birth:	16 th Feb
State of Origin:	Imo State
L.G.A:	Ngor Okpala
Marital Status:	Married
Sex:	Female
Nationality:	Nigerian
Right to work in UK	yes through tier 2 sponsorship
Area of specialisation	General Nursing
No of years experience	20years
Current location	Lagos State of Nigeria
Religion:	Christianity
Languages Spoken:	English and Igbo

Qualifications:

First School Leaving Certificate		1986
Senior Secondary School Certificate	1993	
Registered Nurse Certificate		1997
Registered Midwife Certificate	1999	
Diploma in Environmental/Public Health		2013

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SUPPORTING STATEMENT

As a registered nurse with more than 19 years experinced with a passion for delivering compassionate and patient-centered care, I am eager to join the NHS as a Band 5 Staff Nurse. My clinical placements at saint nicholas hospital lagos equipped me with a strong foundation in fundamental nursing skills, including

medication administration, wound care, and patient assessment. I am particularly interested in working within the acute hospitals settings and rehabilitation unit I have developed a keen interest in medical and surgical wards where I ensure aseptic Wound dressing to every patient and make I advise on compliance.

During my placement in the surgical ward I demonstrated my commitment to teamwork and effective communication by collaborating with multidisciplinary teams to provide holistic care. For instance, I actively participated in patient care conferences, contributing my observations and insights to develop comprehensive care plans. I am proficient in using electronic patient records and understand the importance of maintaining accurate documentation to ensure continuity of care. For instance all my patients do have successfully wound healing with wound breakdown during the period of care.

In addition to my clinical skills, I am a strong advocate for patient well-being. I consistently strive to create a supportive and comforting environment for patients and their families. During my placement, I initiated a “Comfort Corner” initiative where patients could access calming resources like aromatherapy and music therapy. This initiative was well-received by both patients and staff, demonstrating my initiative and commitment to enhancing patient experience. My line manager commended that I am supportive and nurturing. Infact I was awarded as the best staff of the year.

I am a firm believer in the NHS values and uphold them in my daily practice. I am committed to working collaboratively with colleagues, treating patients with respect and dignity, and continuously seeking ways to improve the quality of care I provide. I am confident that my skills, experience, and dedication to patient care make me an ideal candidate for this Band 5 Staff Nurse position.”

Qualifications and training

I have been fortunate to benefit from Trust recruitment development programme which has enabled me to gain knowledge and experience.

I have also completed some emergency training courses and I have used my certificates in practicing and my line manager commended that I am supportive and nurturing.

I have always been interested in head and neck surgery and specifically request to work within this area as much as I can. This has allowed me to build up my up my

skills and knowledge caring for patients with Tracheotomies, laparotomies and patient with colon rectal cancer and feacal reconstruction. I have been developed greater skills with patients with Colostomy Bag ensure they are trained in handling and cleaning of the bag especially how to cope with the new life style.

Recently I have cared for numbers of patients with Turp (trans urethral resection of the prostate) and I love caring for them post - operatively especially in the area of Bladder irrigation. This helps me to reflect on my communication while advertising patients making sure they understand their conditions and treatment without overwhelming them.

Skills and aptitudes

Over the period of 20 years , I have been assessed to be competent to perform clinical procedures without direct supervision.

WORKING AS A TEAM.

I love working as a team and contribute actively to team handovers and meetings. Something I am passionate about valuing the contribution and skills of my colleagues so I always make sure I thank and commend them after a shift. I think this is really a rapport and morale so I try and champion this behaviour whenever I can.

For instance in my last appraisal my line manager commended me that I have played a vital part of motivating the team during a difficult and busy time.

It's my belief that everyone has a part to play in improving services and identifying better ways to working. Several times I do suggest of re-arranging of our stock cupboard having assessed it is a health risk to staff. I was given responsibility to do this all the time and received positive feedback from my colleagues afterwards.

I also understand the audit cycle as well as having attended study and training for days concerning this topic.

Recently, I actively participated in recording data for the ward audit for post operative cases example Colostomy and laparotomy patients.

EQUALITY

I ensure that the delivery of services no individual is discriminated by reason of their gender reassignment, race, disability age sexual orientation, religion or religious/ philosophical belief, Marital Status or civil partnership.

CONFIDENTIALITY

All information both written and computer based relating to my patients diagnosis and treatment and personal details of the staff and patients will be strictly confidential in reference to data protection Act 1998 and right to privacy under the human rights act 1998

CLINICAL GOVERNANCE

I ensure that all aspect of clinical governance are recognised and taken into consideration when decision making decisions.

I promote and support the implementation of departmental Trust and national policies and procedures

I am responsible for health and safety of patients in the department with particular regard to radiation and magnetic safety and infection control by ensuring Compliance with hospital policies and professional guidelines.

I observe the code of practice, health and safety Regulation, confidentiality of patients records including the data protection Act , standard of conduct, performance and ethics and other Trust policies, Documenting and reporting incidents clinical or otherwise which occur within the Trust to head of department as well as completing the online incident form.

Thank you for taking your time to read my application, I hope I have been able to convey my passion and commitment to medical and surgical nursing and patients care.

Being accepted for this post I will ensure that the goals and objectives of the organisation are successful realised for an employer I am truly proud to work with.

INSTITUTIONS ATTENDED WITH DATES

Naze Primary School, Owerri, Imo State, Nigeria	1981-1986
Naze Secondary School Owerri, Imo State, Nigeria	1987-1993
School of Nursing, Owerri, Imo state.	1994-1997
School of Midwifery, Aboh Mbaise, Imo State	1998- 1999
Ladoke Akintola University of Tecnology Ogbomosho	2011-2012

INTERNSHIP EXPERIENCE:

Federal Medical Center Owerri imo state.
1998

1994-

WORK EXPERIENCE:

FIRST CONSULTANT MEDICAL CENTER LAGOS ISLAND

No: 16/24 Ikoyi Road, Oblande , Lagos

Position Held: Staff Nurse/Midwife

Duration: From January 2003 -2005

JOB DESCRIPTIONS

Wound dressing
Drug administration
Vital signs monitoring
Report documentation
Ward rounds with doctors
Supervision of Junior Nurses and Health care assistants
Feeding of patients
Bedbathing patients
Health Education and follow up after discharge.

SAINT NICHOLAS HOSPITAL LAGOS ISLAND

No 57 Campbell Street, Lagos

Duration: August, 2005 --march 2024

Position Held: Senior Nursing officer

EXPERIENCE ACQUIRED IN DIFFERENT UNITS

ICU Experience.-----
ENDOSCOPY Experience -----
Labour Room -----
Immunization unit -----
Obstetrics and gynaecology unit
Ergometry unit-----
Out patients department
Inpatients Medical and surgical units-
Emergency unit -----
NICU
SCBU-----
PAEDIATRIC UNIT
THEATRE
HDU

JOB DESCRIPTION

Brief description of my duties & responsibilities

Document patients care services by charting in patients and departments records .
Maintain safe and clean working environment by complying with procedures,rules and regulations.

Provide a compassionate environment by providing emotional psychological and spiritual support to patients friends and families.

Restores and promotes patient health by completing the nursing process,
Resolve patients problem and needs by utilizing multidisciplinary team strategies.
Ensure operation of equipment by completing the preventive maintenance requirements, by calling for repair and evaluating new equipment and techniques .
Assure quality of care by adhering to therapeutic standards .

Ensure confidentiality at all times only releasing the information when necessary.

Promotes and comply with the company policies and diversity and equality both the delivery of services and treatment of others.

ACHIEVEMENT AND AWARDS.

Long Service Award -- 2015,and 2020

Best staff of the year ---2020

NMC Registration Status-----Registered
NMC registration stage -----Registered with Reg. Number
OSCE attempt completed ---- To take osce at united Kingdom
Potentintal OSEC booking date ----
NMC Registration date ---- 10th may 2021
NMC Registration date -----08 may 2023

PROFESSIONALSUMMARY:

A conscientious, Registered nurse with 20 years Post graduate experience
In delivering quality care to patients.
A professional with practice in general Nursing and midwifery with adequate
knowledge of care of private and public practical setting.
A caring and reliable person with a commendable efforts at creating therapeutic
nurses patients relationship,demonstrating courage among
other strong leadership qualities.
Acts with integrity and in the best interest of patients while ensuring
Compliance with hospital policies and professional guidelines to promote ward
efficiency and delivery of operations excellence focused in continously, advancing
expertise in my Nursing career while driving innovations.

MY SKILLS:::

Strong Communication ,
Good Documentation
Monitoring of vital signs,
Interpersonal Relationship,
Good organisational skills,
Team working skills ,
Apt time management.
Ability to remain calm under pressure,
Perform necessary tasks quickly and correctly,
Make difficult decisions swiftly in emergency situations.
Maintain clean and safe environment by complying with procedures,
Apply to learn unlearn and relearn quickly.
Accurately documenting condition and treatment plans,
Apply current research to medical research.

Maintaining confidentiality and protect sensitive data.
Administration of intravenous and intramuscular injections
Infection control and dressing change.
Able to work without direct supervision.
Good IT skills with knowledge of electronic software packages.
Effective record keeping,
Motivated in developing new skills.

I strongly believed that my skills and competences make me a perfect fit for this role and look forward to hearing from you.

ADDITIONAL COURSES, CONFERENCE AND WORKSHOP/CERTIFICATION::

1. Mandatory Continuing Professional Development Programme for Nurses 2013, 2016 & 2019, 2022.
2. London professional training for nurses 2019
3. Leadership Training at St. Nicholas Hospital on 13th November 2013, 2021, 2022.
4. West Africa College of Nursing Certificate workshop on Global Trends in Nursing Practice / Implication for Training & Certificate ---2017.
5. Leadership training with certificate 2013
6. **Microsoft training at saint nicholas hospital. 2020**
7. **Routine immunization training on basis guides --2016**
8. **Training on handling and cleaning of ENDOSCOPE -- 2020 and 2021.**
9. **Training on Resting and stress E.C.G machines--2017**
10. **Training on infection control--2020**
11. **Fire extinguisher training-----2019**
12. **CPR Training 2023**
13. **First Aid training 2023. 2024.**
14. **Training on care of critical patients. 2024**
15. **Training on Electric safety 2020.**
16. **Training on Basic Life Support----2019,2021.**
17. **Soft skill training leadership---2021, 2022.**
18. **Training on monthly and yearly budgets---2022**
19. **Training on Airway management-----2023**
20. **Manual handling of medical equipment---2024**

REFERENCES:

1. Mrs Emeribe Florence (07034647777)
Director of Nursing services
First consultant medical Centre
16-24 Ikoyi Road obalende.
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2. Dr ijeoma Judith Dozie. (08034500963)
Consultant physician in family medicine
certified lifestyle medicine physician and
a diplomats of IBLM.
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3. Miss chiamaka prisca Ezebo (08156427235)
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