

NJONG MIKAILA KECHUHI

BNS Nurse

PROFILE

Dedicated and compassionate Nurse with 5 years of experience providing exceptional patient care in emergency, intensive care, medico-surgical, pediatrics, obstetrics, oncology and rehabilitation units. Possess a bachelor's degree in nursing sciences and skilled in performing assessments, administering medications, and developing care plans to meet individual patient needs. Extensive ability to work collaboratively with interdisciplinary healthcare teams to achieve positive patient outcomes. And highly commended by patients, families and other staff for providing exceptional patient care. Highly motivated, caring, empathetic and flexible nurse professional who aspires to give the highest quality care to patients and their families at any given time. Knowledgeable in providing care to diverse types of patients including critically ill, severely injured, bed ridden, children and the elderly with complex health needs. Possess excellent communication, organizational, and problem-solving skills. Committed to continuous learning and professional development to ensure the highest level of patient care.

CONTACT



Phone:

+237 681 100 407



Email:

njongmikailagmail.com



Address

Mutengene, Cameroon

Education

2020 - 2022

**Bachelor's Degree in Nursing
Sciences**

Catholic University of Bamenda, Cameroon

EXPERIENCE

July 2021–Present

**Nurse (Medico-Surgical Ward), Cameroon Baptist
Convention Hospital, Mutengene, Cameroon**

- Assess patients, perform wound care from clean to infected wounds.
- Report serious cases of infected wounds to the surgeon.
- Coordinate patient care with physicians, therapists and social workers and demonstrate proficiency in handling medical equipment and technology.
- Provide direct patient care to patients daily, including assessment, medication administration, and patient education.
- Administer IV, IM, urinary catheterization and monitor patients, improving health conditions.
- Sterilize various equipment including forceps, gauze in order to offer proper wound care.
- Chart patients' information, prepare monthly reports on patient health and submit to management.
- Attend to patients' complaints and provide timely intervention.
- Collaborate with interdisciplinary healthcare team to develop and implement patient care plans.

May 2021

**Receptionist Nurse Intern, Regional Hospital,
Bamenda, Cameroon**

- Received and recorded patients' details in the patients register daily.
- Conducted physical examinations including measuring patients' weight, checking vital signs and recorded medical history and symptoms.
- Administering medications and treatments and collaborated with teams for patient care.
- Performing diagnostic tests, support and advice to patients

January–Mar 2021

Nurse Intern, St. Blaise Hospital, Bamenda, Cameroon

- Checked vital signs and collect tissue, blood, stool and urine samples for analysis from over patients daily.
- Assessed patients' condition and aided in bathing, feeding and dressing patients.
- Educated and supported families on patients' healthcare plans.
- Administered medication and treatment according to doctor's prescription and monitored patients for side effects.

June 2019

**Nurse Volunteer (Infection and Prevention), PMI
Nkwen, Bamenda, Cameroon**

- Documented patients' information and kept sensitive information confidential.
- Conducted physical exams, recorded details of health care histories and provide counseling and health care education to patients.

2016 - 2020

State Registered Nursing Diploma

Catholic School of Health Sciences,
Shisong, Bamenda, Cameroon

2016 - 2020

Higher National Diploma (HND)

Experiential Higher Institute of Science and
Technology (EXHIST), Bamenda,
Cameroon

SKILLS

- Excellent verbal and written communication skills
- Patient care and nursing management skills
- Proficient in MS word, excel PPT, Facebook, WhatsApp and Internet
- Strong interpersonal, collaborative, team work and multitasking skills
- Ability to work hard under emergency conditions and tight deadlines
- Ability to carefully administer IV, IM, vaccinations and drugs
- Active listening and high problem-solving skills
- Patient monitoring skills
- Ability to build solid relationships with patients and families
- Extensive knowledge in patient care plan, patient history charting and reporting
- Compassionate, empathetic, flexible and dependable
- Organizational and planning skills
- Attention to details and accuracy
- Information collection and management
- Customer service skills
- Adaptability
- Hygiene promoter and sensitizer

- Actively listened to patients, analyzed their physical and emotional needs.
- Coordinated care with other health care providers and specialists.

January–May 2018

Receptionist Nurse Intern (Pediatric Unit), St. Elizabeth Catholic General Hospital and Cardiac Center, Shisong, Bamenda, Cameroon

- Met and greeted over patients, registered their information and referred them to the doctor.
- Booked meetings, read and forwarded emails, answered and forwarded phone calls.
- Sorted and distributed posts, collected patients sample and kept reception area neat and clean.
- Planned and assessed children's nursing care requirements, offered guidance to parents on best care for their sick children.
- Administered injections, medication and infusions, diagnosed and treated day-to-day child illnesses.

TRAINING AND CERTIFICATIONS

- **Certification of Attendance: Resuscitation Management**, CAMFO MEDICS, CBC Hospital, Mutengene, Cameroon, Mar, 2023
- **Training on Infection Prevention and Control and how Housekeepers Should Wear their IPC Equipment During Cleaning**, CBC Hospital, Mutengene, Cameroon, Apr, 2023
- **Training on Infection Prevention and Control**, CBC Hospital, Mutengene, Cameroon, Jan, 2022
- **Training on Wound Care and Preparation of Solutions for Infected Wounds**, CBC Hospital, Oct, 2022
- **Training on First Aid Management of Fractures**, CBC Hospital, Jul, 2021

LANGUAGE

- English – Fluent in both spoken and written
- French – Professional working knowledge

REFERENCES

- **Mr Njingti Bertrand Sanji**, Administrative Assistant, CBC Hospital, Mutengene, Cameroon; Phone: +237676 152 412; Email: njingtibertrand@gmail.com
- **Dzelamunyuy Suiyven Elvis Suiyven**, Assistant GS, PMI Nkwen, Bamenda, Cameroon; Phone: +237679338603 Email: 1986@gmail.com
- **Mr Mankoh Marshall**, Consultant CBC Hospital, Mutengene, Cameroon; Phone: +237672 110 075; Email: mankohmarshall95@gmail.com