

## SANDRA AKUA BINEY

P. O. Box 915 Koforidua, Eastern Region, Ghana Telephone: +233540207973 e-mail: biney313@gmail.com

### CONTACT INFORMATION

Name: Sandra Akua Biney  
 Date of Birth: 5<sup>th</sup> August, 1993  
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### PROFESSIONAL SUMMARY

To make an impact through the assurance of quality services based on a heuristic approach for problem solving, with reference to been timely and cost effectively managing resources. Having the ability to give the best in expansive project in companies and facilities.

A compassionate and dedicated midwife with experience providing exceptional care to expectant mothers and newborns. Committed to promoting a safe and positive birthing experience, ensuring the. Physical and emotional well-being of both mother and baby. Seeking a challenging midwifery position where I can utilize my expertise and passion to make a difference in the lives of families.

### EDUCATION

2015 – 2018 **Diploma in Midwifery**  
*Nursing and Midwifery Training, Pantang – Ghana*

2008 – 2012 **West African Senior School Certificate Examination (WASSCE)**  
*Methodist Girls Senior High School, Eastern Region – Ghana*

### WORK EXPERIENCE:

#### *Employment, Voluntary Service, Community Service*

March 2024 to Date **Cato Clinic - General Nurse**  
*Head of Section*

#### **Duties**

- Taking patients medical histories to understand their health background.
- Performing diagnostic tests such as ECG and stress tests to assess heart function.
- Assisting cardiologists during procedures such as angioplasties or stent placements.

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- Educating patients on heart health, medications, and lifestyle changes.
- Monitoring patients' vital signs and symptoms to track their progress.
- Administering medications as directed by cardiologist.
- Scheduling appointments and coordinating patient care.
- Maintaining medical records accurately and confidently.
- Collaborating with other healthcare professionals for comprehensive patient care.
- Staying updated on the latest advancements in cardiology to provide high-quality care.

2023 to 2024

### **Team Leader**

*Koforidua Polyclinic, Eastern Region – Ghana*

Feb. 2023 – Feb. 2024

### **Koforidua Polyclinic – Eastern Region**

*Registered Midwife – National Service (Rotation)*

#### **Duties**

- Conducting prenatal check-ups.
- Assisting mothers during childbirth.
- Providing postpartum care.
- Educating individuals about contraception.
- Performing newborn health assessments.
- Administering medications and treatments prescribed by healthcare providers.
- Monitoring patients' vital signs and symptoms to assess their condition,
- Collaborating with the healthcare team to create and implement healthcare plans.
- Assisting doctors and other medical staff during procedures and examinations.
- Educating patients and their families on health conditions and self-care practices.
- Documenting patients' information accurately in medical records.
- Providing emotional support and comfort to patients' and their families.
- Ensuring a safe and clean environment for patients and staff.
- Responding to emergencies and providing immediate care as needed.
- Advocating for patients' rights and preferences within the healthcare system.

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- Participating in patients' rounds and reporting any changes in patients' condition.
- Performing diagnostic test and collecting samples for analysis.
- Collaborating with other healthcare professionals for comprehensive patients' care.
- Keeping up-to-date with medical advancements and best practices in nursing.
- Contributing to quality improvements to enhance patients' care outcome.

2020, Jan. to Dec.

### **Midwifery**

- Delivering health education programs.
- Educating individuals about contraception.
- Advocating for women's rights in childbirth.
- Patients Management.
- Collaborating with healthcare professionals.
- Providing prenatal care to expectant mothers.
- Conducting regular check-ups to monitor the health of both mother and baby.
- Assisting during labor and delivery, ensuring a safe and comfortable birthing experience.
- Performing postnatal care to support new mothers in their recovery.
- Educating mothers on breastfeeding techniques and newborn care.
- Managing emergency situations during childbirth.
- Administering medications as needed and monitoring their effects.
- Documenting patient's information accurately in medical records.
- Conducting childbirth classes and educational sessions for expectant parents.
- Providing emotional support and guidance to mothers and families.
- Advocating for the rights and preferences of expectant mothers.
- Participating in quality improvement and initiatives to enhance maternity care.
- Keeping abreast with best practices and advancements in midwifery
- Ensuring a clean and safe environment for childbirth and postpartum care.

2019 – 2020

### **Team Leader**

*Bonna Q-A Memorial Clinic*

2019, Apr– Dec.

### **Bonna Q-A Memorial Clinic - Koforidua, Eastern Region**

*Practicing Nurse*

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### **Duties**

- Assisting with medical procedures.
- Responding to emergencies.
- Administering medications and treatments.
- Educating patients and their families

2018

### **Team Leader**

*LA General Hospital, Koforidua, Eastern Region – Ghana*

July 2018.

### **LA General Hospital – Accra**

#### **Clinical – Student Midwife Duties**

- Assisting with obstetric emergencies.
- Assisting with childbirth.
- Assisting with antenatal care
- Participating in neonatal care.
- Monitoring high-risk pregnancies

2015 – 2017

### **Students Leader – Midwifery**

*Eastern Regional Hospital, Ghana*

Dec. 2015- Dec. 2017

### **Koforidua Central Hospital**

#### **Yearly Clinical – Student Midwife Duties**

- Identifying Prospective Clients
- Convincing Clients on which Package to chose
- Selling Products
- Making Proper Accounts for the Clients
- Liaise between customers and the firm

## **VOLUNTARY EXPERIENCE**

2020 – 2022

### **Unit Leader**

*Cato Clinic, Koforidia, Eastern Region – Ghana*

Jan. 2021to Dec. 2022

### **Rendering Professional Assistantship to Cardiologist**

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### COMMUNITY INVOLVEMENT

2016

#### **Field Practical Work**

##### *Practicing Nurse*

*RIIS Presbyterian Primary School*

*Ascension Presbyterian Primary School*

#### **Duties**

- Educating students about the risks and consequences of substance abuse.
- Providing information on how to recognize signs of substance abuse in themselves or others.
- Offering guidance on healthy coping mechanisms and stress management techniques.
- Discussing the impact of substance abuse on mental health and overall well-being.
- Encouraging open discussions about emotions and mental health to create a supportive environment.
- Providing resources and information on where to seek help if they or someone they know is struggling with substance abuse.

### SUMMARY OF SKILLS AND EXPERIENCE

- Monitoring and evaluation of policy and products.
- Vacuum Delivery
- Formulation of dosages of drugs
- Calculation of various dosage requirements
- Able to conduct research to solve a problem
- Analyze and formulate a policy
- Histological techniques in operation of histological sections for diagnosis and research

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- The usage of e-communication system in the operation of a hospital (Hospital Administration System software)

**ACHIEVEMENTS**

- Gained my License to operate as a registered and professional midwife, carefully passing all requirements needed.
- Supported student nurse researchers on the ward in writing of efficient care study.
- Established professional relationship with patients and families.
- Assessed physical and psychological states and home environments of patient.
- Developed individual care plan for the patients.
- Correspond appropriate information to patients, colleagues, In Charges and physicians for proper care.
- Organization of educational training for patients to enhance health knowledge.

**COMPUTER SKILLS**

- Microsoft Office Suite
- Smart Phone Application

**HOBBIES AND INTERESTS**

- Researching
- Inspirational Writing
- Music
- Cuisine

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**REFERENCES**

Doctor Foster Fokuoh

*Head Cardiologist*

*Buck Hospital/Eastern Regional Hospital*

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Mr. Stephen Atsu

*Chief Executive Officer*

*Cato Clinic, Koforidua*

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