

## OBJECTIVE

To obtain a Healthcare Assistant position in a reputable healthcare organization where I can utilize my skills and experience to provide exceptional patient care and support, while also continuing to grow and develop my career as a healthcare professional.

## CONTACT

- [sayyamniazisp@gmail.com](mailto:sayyamniazisp@gmail.com)
- +92-3013828841
- Chistian, Pakistan.

## EDUCATION

B.S(HONS): HUMAN NUTRITION  
AND DITETICS  
October 2015 – December 2019

## SKILLS

- Sales and marketing
- Nutrition plan and diet plans
- Good communication skills
- Good team work and collaboration skills
- Flexibility and adaptability in fast paced environment
- Good computer skills and familiarity with software's applications.

# SAYYAM HAFEEZ

## NUTRITIONIST AND DIETITIAN HEATH CARE ASSISTANT

Skilled and empathetic Nutritionist and Health Care assistant with a strong foundation in nutrition science and patient care, dedicated to delivering high quality patient services and education.

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## EXPERIENCE

### MAXIM AGRI PVT LTD – AREA SALES MANAGER AS A COMMERCIAL FARM ADVISOR

Sahiwal, Pakistan.

July 2020 - November 2021

- Developed strong communication and organizational skills through working on group projects.
- Worked well in team setting, providing support and guidance.

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### ALFAJAR CLINIC – NUTRITIONIST

Chistian, Pakistan.

December 2021 – December 2022

- Developed and prepared low-fat, low cholesterol and chemical free meals.
- Prepared clear and concise meal and exercise plans for clients based on specific dietary needs and medical requirements.

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### MATYANA SURGICAL HOSPITAL

Chistian, Pakistan.

January 2023 – till date

- Proven ability to work effectively in a fast-paced environment, prioritizing tasks to ensure seamless care delivery.
- Possess current knowledge of healthcare regulations and standards, with a commitment to maintaining patient confidentiality.

