

Sumit Phagami

✉ magarsumit79@gmail.com 📞 9860922851 📍 Lalitpur, Nepal 📅 24/01/2003 🇳🇵 Nepalese
♂ Male

PROFILE

Experienced Healthcare Assistant (HCA) with two years of dedicated service in the UK healthcare sector, backed by relevant certifications and strong references. Proficient in delivering compassionate patient care, assisting with daily activities, and maintaining a safe and supportive environment. Skilled in conducting vital sign assessments, medication administration, and documentation in adherence to healthcare protocols. Proven ability to work effectively within multidisciplinary teams to optimize patient outcomes.

EDUCATION

Higher Secondary Education 07/2021
Ideal Model Higher Secondary School Lalitpur, Nepal

PROFESSIONAL EXPERIENCE

Health Care Assistant 12/2022 – 04/2024
NYS NURSING AGENCY PRESTON,
United Kingdom

- Assisted patients with daily living activities.
- Monitored vital signs.
- Helped patients with mobility, transferring them between bed, chair, and wheelchair.
- Communicated patient needs and concerns to nurses and other healthcare professionals.
- Maintained clear and accurate documentation.

Health Care Assistant 10/2022 – 12/2022
Ocean Care Services PRESTON,
United Kingdom

- Recorded patient information in charts (food intake, bowel movements, condition changes).
- Assisted with some medical procedures under nurse supervision.
- Provided companionship and emotional support to clients.

SKILLS

- Medication administration
- Patient care and assistance
- Crisis management and quick decision-making
- Infection control

REFERENCES

NYS NURSING AGENCY, HCA
admin@nysnursing.co.uk, 01772717070

CERTIFICATES

Driving License

Care certificates

Ielts UKVI General Training
7.5 Overall