

VIVIAN PAULA EZINNE CHIME

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Professional Background

A dedicated caring, compassionate, cheerful, experienced and qualified healthcare assistant with over five years experience in providing tailored patient care to meet all aspects of nutritional, emotional and mental well-being for adults and the elderly. Well-versed in providing personal care, administering medications, companionships, organized trips like shopping, meal preparation, baking, and record keeping.

A great team player and always thriving to improve myself by attending trainings and team meetings. Committed to complying with all first aid, health and safety practice procedures and protocols.

My passion for caring for others motivated me into voluntary healthcare for the elderly despite being a chef/cook. I find fulfillment, joy, satisfaction and immense passion in excellently catering to the needs of those under my care and in aiding them to live independently in their own homes.

Core Skills and Qualifications

- E-online CPD Certified Care Training Courses on: Becoming a Care Assistant, The 6 C's of Care, Personal Care, Introduction to Care Giving, Basic Life Support Theory, Bed Rail Safety, Conflict Resolution and Complaints Handling, Moving and Handling Theory.
- Medical knowledge and light tasks including dressing wounds and administering medications
- Cleaning and home organization
- Bathing and dressing patients
- Meal planning and preparation
- Baking
- Transporting patients to appointments
- Good judgement and decision making
- Detail oriented
- Compassion
- Punctuality
- Tolerant and understanding
- Upbeat attitude and cheerful disposition
- Good companionship

Career Summary

Care Assistant may, 2017 till date

Fedenni Multi Business Ltd, Enugu, Nigeria : Nightingale's Care

- Aided the elderly patients with bathing, dressing, and personal hygiene tasks
- Administered medications to the elderly patients as and at when due
- Planned and cooked meals according to special dietary restrictions for the elderly
- Baked for the young adults with special needs and disabilities
- Assisted patients excellently with their enquiries and responding to all requests promptly
- Identified concerns with patients health and promptly informed the clinical team about it which in turn saved life, money, time, and emergency appointments for service users
- Maintained accurate patient records in line with practice guidelines
- Played board games, card games and read newspapers and journals for the elderly and also encouraged them to pursue social lives by accompanying them to honour invites to various functions, and taking walks

- Cracked good jokes

- Telling the elderly stories that make them happy or tails or Bible stories

Restaurant chef/cook : hospitality and hotel management April 2014 – June 2020

Somkene Anoché, Enugu, Nigeria

- Successfully executed reservations for special guests that flew in from Australia for a conference.
- Presenting a special delicacy of one of my recipes for a get together at the hotel Villa Court.
- Maintaining a hygienic section of the kitchen where food are being prepared for people is one of the things I don't miss out cleanliness is said next to Godliness.
- Going to farm to present or have best very fresh crops to be processed and cooked in the kitchen groceries I also attended by me.
- Never missing out on any meeting delivering food always on time.

- Executive serving of dishes and orderliness is always my key points

Catering service**March 2013 – February 2015****Enugu Nigeria/ Afrispot culinary restaurant**

- Chef Cook: local and international dishes
- Kitchen supervision and fellow workers attendance
- Preparation of lesson food and serving

INDUSTRIAL ATTACHMENT**April 2017– October 2017****Faith Home Properties Abuja, Nigeria.**

- Successfully managed 4 properties fully occupied with tenants across Abuja Metropolis
- Participated in the closing of real estate deals worth millions in naira
- Participated in the successful valuation of different types of landed properties for private individuals, companies, and public parastatals.

EDUCATION

- 2011 – 2016. government secondary school, Enugu Nigeria
- West Africa examination Council certificate examination
- High school O level
Art Class
- 2011– 2016 government secondary school enugu State Nigeria
- NECO

Primary School ekulu primary school enugu state gra Nigeria 2004-2010

- 1998 – 2009 Telhi nursery school Tel Aviv Israel

INTERESTS:

Baking, watching movies, traveling, reading novels, caring for children and the elderly,, going out, exploring, cooking, hair styling, tailoring, makeup artist, content creator, housekeeping nail making, swimming and event planning,

PERSONAL STRENGTHS

- Ability to work effectively in a team
- Ability to tolerate
- High quality of accuracy
- Ability to work efficiently with minimal supervision
- Upbeat attitude towards tasks
- Swift in carrying out tasks and assignments
- Possess high level of emotional intelligence
- Self motivated, good communication skills, eloquent in speech, organized and target oriented
- Lovable by all, understanding, fair treatment of people and respecting of privacy
- Tolerant, patient, diligent and calm under pressure